

History Goes Digital at the Santa Monica History Museum



Sara Crown, the museum's archivist, gives tours of the exhibits.

By Anne Wallentine

While the Santa Monica History Museum has been closed to visitors since the outset of the pandemic, like many institutions, they have continued to provide access to the community's history by pivoting to digital content.

In a period of social distancing, the museum has used social media and a revamped e-newsletter to stay in contact with their audience, providing numerous ways to learn and interact with the collections online. Their channel now hosts children's craft activity tutorials, narrated tours of the permanent collection, narrated slide shows on aspects of Santa Monica history, excerpts from the museum's oral history collection, and a popular "Throwback Thursday" lecture series. The live Zoom sessions have featured speakers on topics from the WWII Japanese internment camps to the building of Westwood. While the museum didn't make much use of their channel prior to the pandemic, their subscriber

base has increased by over 400% since the shutdown and has had a corresponding uptick in content.

"I'm really excited to see what we're able to do with this new on-line voice and to see what else we can do to keep people interested in the history of Santa Monica," says Museum Manager John Klop-ping. "I think we've been doing a really great job of engaging people online, and I'm excited about all of these new areas that we've started exploring."

As 2020 has shown, digital plat-forms are just one aspect of mak-ing a museum accessible. Follow-ing the protests against George Floyd's murder in June, the mu-seum held a "community listening session" to get feedback about how they can represent all of Santa Monica's communities accurately and fairly. "We really want the museum to feel like it belongs to everyone in the community," John explained. "And we're committed to ensuring that."

(Continued on Page 4)



The Remembering Santa Monica Group celebrated Florence Kinney's 108th birthday in March.

Celebrating Halloween in 2020

By Dr. Sheila Forman

As we approach All Hallows Eve, most of us probably assumed that we would be back to "normal" now and our Halloween festivities would go forth as usual. Well, I think we can agree that things remain any-thing but "normal!"

Don't let the coronavirus scare you out of Halloween fun. It is still possible to enjoy the tricks and treats of the season. You just have to improvise. Here are five ideas for how to do that:

1) Throw a Halloween ZOOM party. Tell each guest to wear a costume and have their favorite treats nearby. Then, go around the ZOOM room telling your favorite ghost stories.

2) Host a Facebook Costume Con-test. Invite your friends to post pic-tures of themselves in costumes and vote for their favorites. Create categories, such as Scariest Cos-tume, Most Creative Costume, or Silliest Costume and email "prizes"

to the winners.

3) Watch a Scary Movie, or two, or three if you dare. Rent your favorite scary movies and have a monster marathon.

4) Fill your playlist with Spooky tunes and dance the night away. Monster Mash anyone?

5) Hold a Jack O' Lantern Contest. Carve or paint a pumpkin and ask others to do the same, then invite them to share their creations with you on Google Meet.

If you do choose to go out trick-or-treating or attend a Halloween event, be sure to be safe. Remember to wear a mask, socially dis-tance, wash your hands often, and use lots of hand sanitizer.

The mask part should be easy. It's Halloween after all!

Dr. Sheila Forman is a clinical psy-chologist who is currently seeing all her clients via teletherapy. For more information, call 310-828-8004, or go to www.DrSheilaForman.com.



Making treats at home will be a fun way to celebrate Halloween this year. Photo courtesy of Getty Images

Homemade Halloween Treats

Family Features - Halloween calls for candies and treats of all kinds as trick-or-treaters may be roaming neighborhoods, but don't forget to stock your own snack supply with homemade goodies.

Skip the store-bought sweets this year and instead opt for ideas like these that can be whipped up in the comfort of your own kitchen.

• Party Mix

As one of the easiest recipes you could imagine, a Halloween-themed party mix simply calls for your favorite snack-type foods tossed to-gether in a group-sized bowl or individual containers. You can try just about anything from candy corn and miniature chocolates to pretzels, popcorn, and more.

• Spooky Cupcakes

Kid-friendly treats are the name of the game when it comes to Hal-loween, and there's almost no bet-ter way to get children involved in the kitchen than with some person-alized decorations. Bake your pre-ferred cupcakes – chocolate or vanilla – then call on the kiddos to use icing and toppings for creepy custom creations.

• Pumpkin Pie

There's nothing wrong with going with a classic. While it may not scream All Hallows' Eve, pumpkin is the flavor of the season, which makes pumpkin pie a traditional taste this time of year. Because most versions call for a fairly small number of ingredients, it's a simple way to bake a desirable dessert. Plus, you can easily give pumpkin pie some Halloween flair using whipped cream to "draw" a spooky

Jack-O-Lantern-like face.

• Creepy Cookies

Whether your family craves choco-late chip or prefers the sweetness of sugar cookies, you can lay out your favorite dough and use sea-sonal cookie cutters – think Frankenstein, witches, ghosts, spi-ders and more – for a frightful bite.

• Caramel-Dipped Apples

Skip out on bobbing for apples and instead dip yours in caramel for a traditional Halloween treat. Just insert wooden skewers in the tops of your apples, dip the opposite end into melted caramel and enjoy. To add a bit of fun and flavor, sprinkle chopped nuts or crushed candies on the caramel end of each apple.

Find more snacks, desserts, and treats at Culinary.net.



Do You Recognize This Neighborhood Celebrity?

(Answer on Page 4)



Take A Look Inside

Planning Ahead.....	2
Clergy Corner.....	3
Passing Through the Pico Neighborhood.....	3
Teen Scene.....	3
Byte by Byte.....	5
Community Service.....	9
Brain Matters.....	10
Paws and Claws.....	10

Help Your Graduate Get On Solid Financial Ground



By Carolyn Hemann, CFP

Ed: While this article may be geared towards graduates, it presents good

advice for students at any level in college, or even high school seniors.

While graduation season may have drawn to a close earlier this year, many recent graduates were making their first major decision about the future – where to live, which job to take and how to spend their non-working hours. Stepping out on their own often comes with another big first – being financially independent.

While this newfound control can be exciting, it can often be overwhelming, especially during these uncertain times. If your son or daughter is fortunate to be in a position to be gainfully employed, help them start off on solid financial ground by making sure they

don't skip these important first steps.

• Study your employee benefits.

For many recent grads, this is the first time they've been offered a 401(k), health insurance or the chance to purchase additional time off. Before enrolling in benefits, graduates need to research and understand their options. Remind them that it's okay to have questions, such as whether they should consider disability insurance or if a plan with a Health Savings Account (HSA) is the right fit. A good place to find information is through the human resources department or benefits provider. They will likely have the resources and staff available to help.

If graduates have questions specific about their financial situation, they could consider meeting with a financial professional. A financial advisor can provide objective advice and answers to more technical questions. Ultimately, graduates

should have enough information and guidance to feel confident making their benefits selections.

• Have a plan for your debt and credit. Graduates today have more student loan debt than previous generations, which means balancing their post-grad lifestyle with student loan payments should be a top priority. They should consider the value of consistently paying above the minimum amount due. Establishing this responsible habit can help them avoid costly interest rate charges and late fees.

The same thinking should be applied to credit. It's important for young adults to establish a good credit history, so opening a credit card can be a wise financial move. However, graduates should stick to one or two credit cards to avoid overextending their credit.

• Develop a budget. Remind your new grad that without careful planning, it's easy for their hard-earned paychecks to trickle away. Creating

a budget can help young adults feel in control and accountable for their cash flow. Budgeting, while often a mundane task, allows graduates to ensure their money is being spent, or saved, on the items that are most important to them.

This should be an exciting time for graduates, but it's also an important time to get the right financial discipline in place. Given the heightened environment we're in today, it's all the more reason to focus on getting off on the right foot.

Carolyn Hemann, CFP, is a Private Wealth Advisor with Hemann, Preator & Associates, a private wealth advisory practice of Ameriprise Financial Service, Inc. in West Los Angeles. She has been in practice for over 30 years. She can be reached at 310-477-2500.

Planning Ahead

What To Do After Someone Dies



By Lisa C. Alexander, Esq.

As a practical matter, what do you do after someone dies? First are the calls to loved ones. You don't have to make all the calls yourself; ask others to help.

Next is making arrangements for the body, euphemistically referred to as "disposition of remains." If the decedent left instructions for burial, cremation or funeral, those instructions must be followed. If no written instructions can be found, then California law gives authority to a surviving spouse, followed by

children, followed by other relatives to direct disposition of remains. Death Certificates can be ordered through the mortuary. It is usually better to order more copies than you think you will need. Other immediate actions include caring for pets and securing the home.

The next step is to find the Will. The logical first place to look is in and around a person's desk or bookshelf. It is common for there to be a binder or notebook of documents on a shelf, or large envelope of documents in a drawer. Another usual place is a safe deposit box. If you have the key, you can easily access the safe deposit box to look. If the search is unsuccessful, there

may be an attorney's card or name in the person's address book. If no Will is found, it would not be unusual. Statistically, less than half of us have a Will, although the percentage gets higher the older the age group.

Whether there is or isn't a Will, and even if the person had a Trust, you need legal advice. Mistakes can be costly, and the adage is true: "you don't know what you don't know." But the attorney does know and will guide you through the process of settling the estate. You don't have to, nor should you, "go it alone."

Lisa C. Alexander, Esq.
JAKLE & ALEXANDER, LLP
1250 Sixth Street, Suite 300
Santa Monica, CA 90401
Main Line: 310-395-6555
Direct Line: 310-656-4310

BARBER NEEDED

- 2 years experience
- For Santa Monica shop at 1802 Broadway
- Great atmosphere for the right fit

Call 818-647-5392
Ask for Xavier

The Santa Monica Star
1112 Montana Ave. #525
Santa Monica, CA 90403
424-581-6005 ©2020

Website: www.thesantamonicastar.com
Email: SMStarNewspaper@gmail.com
Editor and Publisher: Diane Margolin
Editorial Assistant: Miceala Shocklee
Advertising Sales: Diane Margolin
Ad Graphics: Dynamic Graphic
Contributing Writers:
Dr. Frank Lavac, Qin Stubis, Michael Margolin, Lisa Alexander, Anne Wallentine, Sunshine Banister, Mark Presky, Julia Abbott, Jahrid Longworth, Kalina Silverman, and Kera Snell.

Special thanks to Florence Kinney, Rufus Baker, Ron Robinson, Michael Moore, Monika Armendariz and Becky Mejia.



Rotarians Follow The Four-Way Test

Rotary Club

OF SANTA MONICA

Service Above Self

From Rotary International


OF THE THINGS WE THINK, SAY OR DO

First - **Is it the TRUTH?**

Second - **Is it FAIR to all concerned?**

Third - **Will it build GOODWILL and BETTER FRIENDSHIPS?**

Fourth - **Will it be BENEFICIAL to all concerned?**



For more information, visit our web site at:
www.RotaryClubofSantaMonica.org

Sponsored by Quigley and Miron, CPAs



Subscribe To
The Santa Monica Star
Just send a check for \$20
for a one year subscription to
The Santa Monica Star

1112 Montana Ave. #525 • Santa Monica, CA 90403

NAME _____

ADDRESS _____

CITY _____ ZIP _____

October/20

Get Agency Quality
...Without the Price!

Dynamic!
Graphic.

Saves Money • Reduces Headaches • Taste Good

- Logos
- Newsletters
- Flyers
- Layout/Design
- Brochures
- Websites
- Banners
- Social Media

Free initial project consultation.
805/402-0567 • dynamicgraphic@rocketmail.com

VCA Wilshire Animal Hospital

2421 Wilshire Blvd.
Santa Monica

310-828-4587



Passing Through the Pico Neighborhood

Chicken Taquitos (with dairy free cheese)

Our local Chef Jahrid Longworth was thinking about a dish to make for lunch while he is doing his distance learning in middle school. This recipe can be fried or baked.

Ingredients:

- 3 cups cooked chicken, shredded
- Salt and pepper to taste
- 3 tsps. chili powder
- 1 tsp. garlic powder
- 2 cups shredded mozzarella dairy free cheese
- 15 small corn tortillas
- Oil if frying
- Cooking spray if baking

Directions

- Place the chicken, salt, pepper, chili powder, garlic powder, cheddar and cheese in a bowl. Stir until combined.
- Wrap the tortillas in a damp paper towel and place on a plate. Microwave for 1 minute or until tortillas are warm and soft.
- Lay out the tortillas on a flat surface and divide the chicken and cheese mixture among the 15 tortillas. Roll up each tortilla tightly and secure with a toothpick.



Chef Jahrid Longworth continues to share his favorite recipes with us.

- To fry the taquitos: Heat oil in a deep pan. Add 3-4 taquitos and fry until crisp and golden brown, 3-5 minutes.
- To bake the taquitos: Preheat the oven to 425 degrees. Place the taquitos in a single layer on a sheet pan coated with cooking spray. Spray the tops of the taquitos with the cooking spray. Bake for 15-20 minutes or until crispy and golden brown.
- Remove toothpicks, then serve. Enjoy with your favorite salsa!

Teen Scene

Teens Discuss Online Learning

Hi, my name is Brenton Banister. I go to Lincoln Middle School in Santa Monica. I'm one of the thousands of students across the nation known as Generation Z being subjected to distance learning in the Santa Monica School District.

Not only has my school regimen changed drastically, but so has my basketball activities and socialization with my peers. My goals in life are to go to Crossroads for High School and preferably UCLA for college. Becoming an NBA basketball player would be my ultimate goal, of course! I basically have an average 13-year-old's life with a lot ahead of me.

The online (distance learning) experience isn't as authentic, providing the real middle school adventure I have been waiting for, being an 8th grader. We really

aren't getting 100 percent of the learning that we need, but we're being kept safe, so I try to make the best of it. I think attending school through distance learning is making me more mature because I realize the world can switch up with you in a blink of a second.

I'm sure I will be better prepared if we get a new pandemic. I'm grateful for my teachers. I know it is hard for them with everything that's going on with this COVID-19 pandemic. Their lives have been affected, too. I used to play basketball almost everyday, and now I can only play for a short period of time. I mostly play in small groups with my friends from PAL (Police Activities League) and the Boys & Girls Club. I can't even play travel ball anymore with Blue Chip

(Continued on Page 4)

Setting Up a Space to Do Distance Learning

By Julia Abbott

Many Californians are still working from home and, with LAUSD staff choosing remote learning for the foreseeable future, students have started the school year at desks, tables, and beds.

For many kids, it's harder to focus. In rooms with phones, toys, and families providing plenty of distractions, focusing on school is

far more difficult.

One of the easiest ways to combat this is by setting up a school space. This is a place free of distraction where kids can do their online school each day. It can be just about any space, once a few simple steps have been taken.

Firstly, the space should have a chair. It's much easier to focus

(Continued on Page 4)

Remembering Vivian Williams

By Kalina Silverman

"My mama was a superstar! She was my best friend, my buddy ol' buddy. She taught me how to love the world and how to love the life that's given to you," Denise Williams shares how she remembers her mother, Vivian Williams, who passed away recently at 91 years of age.

Born in Santa Monica on December 29, 1928, Vivian grew up to pass on the valuable life lessons she learned to her family. They included how to not let anything get you down and how to love people for who they are.

As Vivian's only daughter and a self-described "tomboy," Denise learned how to do the "female things" from her mother, while also supporting her three brothers who played baseball, football, and ran track.

"We shopped, we went to the baseball games, and we worked at the concession stands. We loved to get together, we played together, and we stayed together. We were good to-

gether," Denise recalls.

Both Denise and Vivian worked as crossing guards in the Santa Monica School District, emblematic of their love for spreading positivity and kindness in the local community. Denise describes Vivian as an outgoing lover of life - finding joy in everything she did. Vivian loved music, dancing, and her family.

"It was love at first sight," Denise says of her parents' introduction. Of her father, she says, "He's a very handsome man. He coached baseball teams in Santa Monica."

Vivian loved to travel. Most recently, she visited Hawaii and Texas, where her son lives. The last trip Denise and Vivian took together was to Atlanta, Georgia to visit family. Denise will continue to honor her mother. "She was so beautiful, and she still is, because her spirit is everlasting."

Vivian Williams loved her family dearly. She is survived by four children, five grandchildren, five great-grandchildren, and one great-grandchild.

Clergy Corner

Faith and COVID-19

By Dr. Joseph P. Metoyer, Pastor/Teacher

Many faith communities have not gathered since the first Sunday of March this year. But, we are securely connected through our faith. Not because we attend online worship weekly, but because we are committed to caring for each other.

We share in the frustration of hearing that we are living in difficult times and we embrace the hope of a better day. This global pandemic gives us new opportunities to focus on purpose of life and engage in relationships in new ways. The price society pays in emotional stress and economic challenges produces a lifestyle we have not seen in recent times.

Yes, we are tired, but we also know that this virus is real, and things could get worse before they get better. COVID-19 has disrupted our lives like nothing we have seen in modern times. Some find solace in prayer, others in online Bible

study, and some look forward to chatting while online in their weekly worship service.

This is a season of reflection and hopeful expectations. One's volunteerism is a good way to get connected and encourage others. Families gain a new appreciation for technology as we learn new ways to communicate with our communities and relatives and friends through platforms like "Zoom" and "Go To Meeting."

Who would have thought that technology would have impacted faith as it has in these times? What a season to get introduced to faith and family history and to plan for the future through online opportunities.

I'm Pastor Joe, Senior Pastor of ACTS-A Church That Studies, in Santa Monica. For more about our faith community, visit www.actssantamonica.org. I pray that we will all grow through faith and family.

SANTA MONICA BRAKE
COMPLETE AUTOMOTIVE REPAIR & SERVICE

VINTAGE TO CURRENT

FOREIGN & DOMESTIC

TEL (310) 394-2076
FAX (310) 395-5527
911 SANTA MONICA BLVD.
SANTA MONICA, CA 90401

FREE cup of coffee w/purchase of muffin*

FREE delivery on Monday's for the month of October. Must mention SM Star Coupon. Expires 10/31/20.

310-477-0031

New Hours!
Mon-Sat:
8:00am-4:00pm

NelisCatering.com
Catering / Restaurant

2214 Stoner Ave. W. Los Angeles

alphagraphics®

SANTA MONICA - US763

WE'RE OPEN

and here to assist you with all your printing and copying needs, including COVID-19 items:
BANNERS, SIGNS & FLOOR GRAPHICS

CALL US @ 310.453.7559

Temporary Hours: 9am to 2pm, Mon-Fri

2717 WILSHIRE BLVD • SANTA MONICA, CA 90403

Reflections From The East

Harvest Songs Are Calling Out to Me



By Qin Sun Stubis

Where I live in the northeast United States, nature has already started her annual chorus concert, featuring crickets and cicadas, along with other wildlife soloists. They have returned for another season of performances, celebrating the arrival of October.

Like many, I love October because it is synonymous with the harvest season. Sitting on my living room couch, listening to the cicadas' high-pitched singing accompanied by a warm, lively humming from other winged creatures, I yearn for a country scene with fields of golden pumpkins and giant rolls of hay, and orchards laden with apples, peaches and pears.

It is a perfect time of the year when families take trips to the idyllic countryside, revisiting their

favorite farms, or exploring new ones, where they pick their own fruits and vegetables in an open field. Children often enjoy skipping to a hayride, finding that perfect pumpkin for their front door, and sinking their teeth into a candy apple.

My family has been taking such trips for years, first on the north shore of Long Island where we used to live, and now in rural Maryland. Whimsically, we often pick up interesting farm produce such as purple cauliflower, strange leafy vegetables and funny-looking squashes. Each year, we can't wait to get back home and start another culinary adventure with our new finds.

When they were little, my children, Keaton and Halley, loved helping me to make an improv "farm soup" with some of the produce we had brought back: red beets, golden potatoes, purple

yams and green kale. A bowl of steaming hot soup decorated with a spoonful of sour cream became our dinner tradition after a farm visit.

Now the harvest songs are calling me again, luring me and my family toward country roads and expansive fields where vines and branches are heavy with fruits and vegetables. I see my family back in the fields picking them. I see a pot of farm soup on our dinner table.

You can always reach me at qstubis@gmail.com.

Qin is a longtime columnist of ours who lives in Bethesda, MD.

Setting Up a Space

(Continued from Page 3)



Julia Abbott

while sitting at a table than it is lying in bed. Additionally, the space should have all necessary school supplies, so trips to find a pencil don't become gateways to more distractions.

I'd recommend creating or buying a planner or calendar, so changing class schedules and due dates become less confusing. Once your child is sitting up straight with his/her school supplies, little "extras" can be added to the space.

I have a tiny vial of lemongrass oil, so I can have a nice, clean-smelling place to work. However, everyone has something that works for them. Be it a favorite stuffed animal, a tiny bag of snacks, or a blanket for the chillier days in fall, comforting items don't have to be distracting!

At the end of the day, home isn't the ideal place for school. But, creating a school space wherever it's possible will help kids stay focused for learning.

Julia is a local high school student.

Teens Discuss Online Learning

(Continued from Page 3)



Brenton Banister

because the season was cancelled due to COVID-19. Now, most of us kids just sit at home and play video games.

Although this is a very unexpected transition for all schoolgoers, I'd rather be safe at home with a chance to dream about a future than to have no future at all. My only advice to you is to keep your mask on, please. Our future is counting on it!

Answer to Neighborhood Celebrity

(Continued from Page 1)



Stephen Jones has been a Library Services Officer for 20 years. Working out of the Main Santa Monica Branch downtown, he is a liaison to the branch libraries. Here he is picking up returned books at the Montana Avenue Branch.

History Goes Digital (Continued from Page 1)

The museum's plans for reopening include rigorous health precautions, but no firm date has been set as yet. Upon reopening, they will be moving to donation-based admissions. The museum had previously set admission fees.

In the wake of this year's anxieties, John hopes the health precautions and donation-based admission will both encourage people to visit and "feel as safe as possible in our space."

While the exhibit space remains closed, the museum is working on a video tour of their current "All Is Possible: Women's Suffrage in California" exhibit, as well as creating a series of virtual GoogleArts & Culture exhibits. Their role as stewards of local history continues as they look to collect COVID-19-related images, stories, and paraphernalia to chronicle the city's response to the pandemic for future generations.

The digital connections continue, too. The museum's annual fundraising gala on October 11 will take

their live and silent auctions virtual for the first time. While free to attend, John hopes that dinner tickets, which include food pickup, will give guests a sense of occasion. Despite the museum's change of venue from in-person to online, John says, "I have a lot of hope, and I do think that it's going to be a very successful event."

For more information, visit <https://santamonicahistory.org/>.



Becky Mejia meets with Museum Manager John Klopping.

Mini Message Bulletin Board

Which to use: TM SM ® © or ®?
2020 Protection for Your Brand
internetlawcenter.net/our-team
Michael Krieger, Attorney
mkrieger@internetlawcenter.net

bru's wiffle
 Two locations to serve you!
 2408 Wilshire Blvd. Santa Monica, CA 90403
 3105 Washington Blvd. Marina del Rey, CA 90292

To improve your fall harvest and avoid those ghoulish results, get good legal advice.
 Call Bret R. Carter, Esq.
 213-629-5700

SANTA MONICA BAY WOMAN'S CLUB
 1210 4th Street, Santa Monica
 310-395-1308
 Now Air-Conditioned
Available to rent for your next event!

Handyman Available
 30 Years on the Westside
 Carpentry, repairs, renovation, fixup, minor electrical, plumbing.
 Respectful, reliable service for all projects, large or small.
 Call Bill at 310-487-8201

SULLIVAN DITURI CO. 2111 Wilshire Bl. Santa Monica
 Sullivan Dituri 310-453-3341
Residential / Income Apartment Rentals Property Management

SANTA MONICA LIONS CLUB
Dinner Programs
6 p.m. on Zoom
 email: levelheadedlinda@yahoo.com for date and details.

Serving Santa Monica and its Surrounding Communities Since 1949.
www.BradmoreGroup.com

Cuttin' Up! 1802 Broadway, Santa Monica • 310-461-9053
 OPEN 7 DAYS
FALL IN FOR GREAT HAIR CUTS!
 OUTDOORS/INDOORS • COVID CERTIFIED
Call Us Today For an Appointment!

PRIMERICA® Life Insurance - An industry leader since 1977
Leave a legacy of love. Secure your family with life insurance.
 • 94% of claims are paid within 14 days
 • An average of \$3.8 million in benefit claims paid every day
 For details of the benefits, call Tamara Monique Johnson, District Leader at 818-392-9479.



Yaya, a dedicated volunteer, is ready to do her weekly delivery.



Volunteers from the Philologos Society, Richard and Benjamin, are picking up their meals to deliver.

Meals on Wheels West Delivering More Meals Each Month

By Ashley McGullam

Meals on Wheels West is on the forefront of innovative home-delivered meal programs and will continue *Delivering More Than a Meal* to people who are having difficulty purchasing and preparing meals.

Meals on Wheels West's ability to adapt their heritage program to meet the needs of underserved communities including veterans and the formerly homeless, allowed MOW West to expand their programs to meet the increase brought about by the COVID pandemic.

Meals on Wheels West volunteers and staff are on the front line, focusing on doing everything they can to keep quarantining older residents, the chronically ill, and immune-compromised people safe and nourished.

MOW West implemented strict COVID-prevention protocols and has delivered more than 75,000 meals since March without a single client, volunteer, or staffer being infected. The COVID-19 pandemic

has increased the demand for Meals on Wheels in Santa Monica and the surrounding coastal communities. The number of meals served to vulnerable community members increased by 61% last month, compared to the previous year. There is hidden hunger even in the most affluent communities.

"These are unprecedented times. Delivering high-quality, nutritious food to those who are most susceptible to the COVID-19 pandemic is critical. More than 200 volunteers have stepped forward and are not only delivering meals, they are also monitoring the health and wellness of our clients," said MOW West Executive Director Chris Baca. "Our dedicated, brave volunteers are putting themselves on the frontline each and every time they deliver meals to their neighbors in need. Our clients and staff are very grateful to them."

To volunteer to deliver Meals on Wheels or to donate, please call 310-394-5133.



A local mom is showing her children the value of volunteering.

Byte by Byte

Kindling Wildfire Solutions with Today's Technology



By Miceala Shocklee

The combination of late summer heat plus early fall's dry conditions saw blazes light up and down California this year. Technology might not be the first tool that comes to mind when considering how best to tackle wildfires, but modern invention has played an increasing part in beating back the blaze.

Before there's an out-of-control burn, technology allows for monitoring and prevention. The U.S. Forest Service has several laboratories around the nation dedicated to tracking climate trends and past burn patterns in order to predict where the next spark might erupt. The San Dimas Technology and Development Center specifically tackles the question of what technological needs the forest service has, and how to improve current equipment in order to meet them.

In a growing effort to mitigate the

loss of human life associated with firefighting, the forest service has also started to employ drones in areas where it's purely too hot for even today's firesuits to handle. But, technology is tackling the game indirectly, too - literally. VR is currently used to help train smoke-jumpers - firefighters who are aeri-ally dropped into wildfire locations - how to handle changing conditions, from heat to smoke to even changing wind directions.

To learn more about wildfires, the research around them, and what you can do to pitch in and prevent, check out the U.S. Forest Service's website at www.fs.usda.gov/science-technology/kfire/fire-research.

Dr. Miceala Shocklee is a Caltech alumna and graduate of the University of Edinburgh veterinary school. Her reporting interests include the intersection of science, technology, conservation, and the written word.



A Common Computer Problem and How to Fix It



By Mark Presky

Over the years, computer hard drives have gotten larger and larger. But, the programs and the other files we load onto our computers have also gotten even larger and more numerous. Eventually, this often becomes a problem when one computer starts running more slowly, or when one's computer informs you that it just cannot hold any more.

One way to deal with this problem is to free up space on the hard drive or SSD (solid state drive). Use the built-in Disk Cleanup tool in Windows 10. Click on the Start menu. Choose All Programs. Select Accessories, then System Tools. Click on Disk Cleanup.

Under the Files to delete heading, choose which file types you want to remove. If you are not sure about which file types to get rid of, select each one in turn and read its description. When you've selected the file types to delete, click OK.

Another method to free up space is to manually go through your files and delete the many of them that you don't really need or want. Image (photos), audio (music), and

video (audio and image) files can take up huge amounts of file space. How many photos of little Tommy, or of Grandma from your last birthday celebration do you really need? I'll bet you have many duplicates of virtually every shot. Delete the duplicates, at the least.

Have music files on your computer that you never listen to? Again, delete them. Now, repeat this process with your vacation photos. Lots of old photos of your ex? Remember that song from the movie, *Wash* those files right out of your computer.

Another trick here is to reduce the file size of those photos. Most cameras produced in the last several years take photos that are each over two megabytes (MB) in size. Unless you plan to print those large file size photos, you might think about reducing each photo to between 200 and 400 kilobytes (kb). The reduced file size photos won't look any different to you when you view them on your computer. One can even reduce the photo file sizes en masse. If taken on your iPhone, the phone will ask you what size you want the file to be when you send them, via email,

(Continued on Page 6)

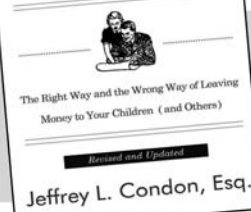
SUBSCRIBE TO
The CURRENT
NEWSLETTER!

READY TO BE THE SMARTEST PERSON
IN THE ROOM?

THE MOST IMPORTANT NEWS FROM THE **smdp**
Santa Monica Daily Press

www.smdp.com/signup

Beyond
the Grave



"The Best Estate Planning Book in America"

—The Wall Street Journal

- Wills and Living Trusts
- Probate/Trust Administration
- Trust/Probate Litigation
- Conservatorships - Estate Tax Planning

Brought to you by Attorney and Author:

Jeffrey L. Condon, Estate Planning Attorney

Contact the Condon & Condon Law Office for a consultation today.

310-393-0701

jeff@condonandcondon.net

www.condonandcondon.net

Jeffrey's "Really Helpful Inheritance Tips" at: www.facebook.com/BEYONDTHEGRAVEBOOK



3435 Ocean Park Blvd., Suite #108 • Santa Monica, CA 90405

Join the Santa Monica Rotary Club's 13th Annual Wine and Food Festival

Eat, drink and make a difference at the virtual 13th Annual Wine and Food Festival hosted by the Rotary Club of Santa Monica on Sunday, November 8.

This year's virtual event will be Sunday, November 8 at 5 p.m. on Zoom. Everyone is welcome, and you don't have to be a Rotarian to attend.

The proceeds from this fundraiser will benefit non-profit community and youth programs such as The Santa Monica Boys & Girls Clubs, KidSave International, Meals on Wheels West, and many other local charities. As you can imagine, the need is greater than ever in these very uncertain times.

This year's featured charity is Upward Bound House, a non-profit organization that helps homeless families find stability and permanent housing. A portion of the net proceeds will be donated to support their ongoing work in our community.

FIG Restaurant and the Fairmont Miramar Hotel in Santa Monica will be providing attendees gift boxes with delicious wine, charcuterie, cheeses and more, to enjoy in the comfort their homes.

Not to be missed is the virtual silent auction, which will start on Friday, November 6. Don't miss out on our raffle drawing with a one in 100 chance to win. The best odds in town! The winner will choose from a selection of five fantastic trips within driving distance. You don't have to attend to participate

in the silent auction or to buy raffle tickets.

The fundraiser will also feature a live auction packed with items that sell out every year and will include entertainment and speakers.

To sign up for the silent auction, purchase tickets to the event, or to support the fundraiser by purchasing a raffle ticket, please visit www.RotaryWineFest.org. Tickets are \$150 per person. Raffle tickets are \$100 each. For information on sponsorships and program advertising, contact Andrea Gressinger at 310-940-1024.

A Common Computer Problem

(Continued from Page 5)

but there are several other programs that do this.

Going through those extra, unneeded files can be laborious and time consuming, but that might beat having to buy another computer, having a larger hard drive installed and having all the files transferred, or having your computer crash.

The November 10 meeting of the Los Angeles Computer Society will be Saving Your Life With Wearable Technology, part 2. Part 1 was very informative and popular. For info, go to www.lacspc.org.

THE STUFF IN YOUR DRAWERS COULD BE SITTING ON CASH!!



NOT SURE WHAT YOUR STUFF IS WORTH? COME IN OR CALL FOR A FREE ESTIMATE!

WE BUY & APPRAISE COINS & COLLECTIBLES GOLD JEWELRY DIAMONDS & GEMS



EST.

1947

(800) 463-4121

(310) 393-0661

WILSHIRECOIN

1312 LINCOLN BLVD AT ARIZONA IN SANTA MONICA




California's Business of the Year (2014)

AUTO • HOME • BENEFITS • BUSINESS WORKERS' COMP • EARTHQUAKE APARTMENTS/CONDOS • E-COMMERCE SPECIAL MARKETS FOR HARD-TO-PLACE HOMEOWNERS

Call Today! 310-829-0305
Immediate Phone Quotes

2325 WILSHIRE BOULEVARD • SANTA MONICA • www.bobgabrielinsurance.com






PNI expert doctors treat difficult brain conditions like pituitary and brain tumors, Alzheimer's and Parkinson's.

Visit us at 2125 Arizona Ave.

WE TAKE CARE OF YOUR BRAIN
310-582-7640 | PacificNeuro.org



Happy October Birthdays

Rudy Alvarez, Bill Buxton, Bret Carter, Martin Gottlieb, David Bohn, Micki Katz, Barbara Carson, Joseph Fitzsimons, Liam Kane, Anne Megowan, George Collins, Roger Goodman, Iao Katagiri, Gee Shin Lee, Janie Gates, Paul Leoni, Hal Quigley, Bill Wood, Allan Young, Cathy Davis, Howard Beckerman, Tom Loo, Harmon Sieff, Gerry Munck, Britani Flores, Claudia Wood, Carol David, Jonathan Weaver, Nate Foy, Kayleen Nightingale, Evie Harb, Marilyn Grossman, Diane Margolin, Joe Analco, D'Lynn Waldron, Greg Hargrave, Arnie Levee, Brian Weiss, and Alexandrine Viguiet.

13TH ANNUAL (IT'S VIRTUAL)

INTERNATIONAL

Wine & Food Festival

Exciting live and silent auctions
Sunday, November 8, 2020, ZOOM at 5 PM
Advance tickets: \$150. 310.392.3654 or visit RotaryWineFest.org for ticket purchases

ALL PROCEEDS BENEFIT NON-PROFIT COMMUNITY AND YOUTH PROGRAMS

Rotary Club of Santa Monica

Leaders serving the community since 1922





ERBA
MARKETS | LOS ANGELES

FREE DELIVERY
NO MINIMUMS

FREE Delivery no minimums
9:00 am - 9:00 pm

Curbside Pickup & In Store
8:30 am - 9:30 pm

📍 12320 WEST PICO BLVD

VENICE | MARINA DEL REY | WEST LA
CENTURY CITY | SANTA MONICA
CULVER CITY | BEL AIR | MAR VISTA
BEVERLY HILLS | BRENTWOOD
MALIBU Now Delivering! | PACIFIC PALISADES Now Delivering!




STAY SAFE - ORDER ONLINE:
ErbaDelivered.com

*Text notifications for when your order is ready and you can remain in your car for express curbside pickup.

Thank you to all 1st Responders, Medical Personnel & Essential Service Providers

THOUSANDS OF CANNABIS PRODUCTS TO CHOOSE FROM





















C10-0000383-LIC

From the Santa Monica History Museum



Santa Monica Ford Dealership, October 1951—
The Santa Monica Ford dealership, located at 1230 Santa Monica Blvd., as it looked in the 1950s. Courtesy: Santa Monica History Museum, Bill Beebe Collection [For historical reprints, please contact SMHM and specify image #3.2.5765.]

Thoughts From a Second-Time Father

Distance Learning in 2020



By Michael Margolin

Needless to say, this year has been unlike any other. We have grown accustomed to new norms and new terms. We are wearing masks and socially distancing. The word Zoom will probably never be heard the same way again – especially since it seems like most kids in America are now Zooming to school instead of actually going to school.

Jake will begin preschool in person with a very small class and plenty of safety and COVID-related protocols in place. Alexa has started second grade the way nobody ever thought they would, but the same way most students across the country are. She gets in front of her Chromebook and logs on.

We have made it through the first week with what I would consider minimal technological and emotional issues. And, although she can see her classmates and see and listen to her committed teacher, it is obviously not the same as going to school. It is as if every day that passes, they lose the opportunity to socialize. Not actually being at school and not being able to socialize is losing out on such a key element of growing up.

Hopefully, they can go back soon and safe, so they do not miss out too much. If they miss several months of being together in person, it will not be the end of the world. Of course, that saying also seems to carry a little more weight now, as well.

There have been several instances over the last few weeks in which I have been fortunate to see

little looks of magic on my children's faces. I have written before about the many snapshots or moments that will be logged into my memory forever. We went swimming at friend's house recently and Jake would jump in the pool from a ledge a couple of feet up. And, being there to catch him and seeing the proud and confident smile on his face as our tiny crowd cheered him on before he would jump to me, is a small but priceless moment. Anything to take the mind off the woes of the world for even a second is marvelous.

Alexa has lost three teeth so far, with a number of others ready to vacate her gums at any moment. One tooth was just barely hanging on, and so we decided to go into the bathroom and give it a light tug. Enjoli gently pulled the tooth, and with just less resistance than a grape would give being pulled off a stem, the tooth came out.

There was some blood, but not too much. Alexa was a little surprised at how simple the process was. That was, until she turned around and looked in the mirror. To her absolute shock and horror, the blood she saw in her mouth must have looked like a crimson river. Her calm steadiness disintegrated into a flood of tears and angst. Alexa is seven, and I do not know if I had seen her emotions change so quickly. I have not seen most people's emotions change so dramatically.

Luckily, for all of us, the drama was short lived. She was promptly back to remembering that the tooth fairy would be visiting that evening. And, the tooth fairy did visit. The look on Alexa's face when she told me in the morning that our winged tooth collector had come was marvelous. Again, I was provided with a snapshot I will not soon forget.

Michael Margolin is the father of two young children. He is an avid sports fan and a soccer coach on Alexa's team.

Shop Local - Buy Local swissmissrealtor.com

Hire Evelyn Lauchenauer for All Your Real Estate Needs
Santa Monica Realtor and Resident.
Reputation built on listening to client needs.



Berkshire Hathaway Home Services
California Properties
3130 Wilshire Bl. Santa Monica

Evelyn Lauchenauer
310-906-0163

American Standard
Walk-In Tubs

WALK-IN BATHTUB SALE! SAVE \$1,500



AS SEEN ON TV

- ✓ **EXPERIENCE YOU CAN TRUST!**
Only American Standard has **OVER 140** years of experience and offers the Liberation Walk-In Bath.
- ✓ **SUPERIOR DESIGN!**
Ultra low easy entry and exit design, wide door, built-in safety bar and textured floor provides a safer bathing experience.
- ✓ **PATENTED QUICK-DRAIN TECHNOLOGY**
- ✓ **LIFETIME WARRANTY!**
The **ONLY** Lifetime Warranty on the bath **AND** installation, **INCLUDING** labor backed by American Standard.
- ✓ **44 HYDROTHERAPY JETS!**
More than any other tub we've seen.

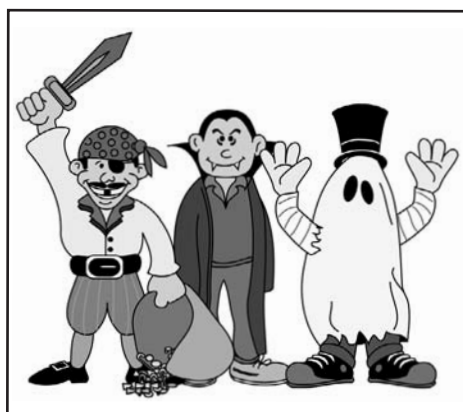
FREE!
Savings include an American Standard Right Height Toilet **FREE!** (\$500 Value)



Lifetime Warranty!
Finance Options Available*

Limited Time Offer! Call Today!
888-597-0707
Or visit: www.walkintubinfo.com/smstar

Discount applied at time of purchase. Terms and Conditions Apply. * Subject to 3rd party credit approval. Minimum monthly payments required. Receive a free American Standard Cadet Toilet with full installation of a Liberation Walk-In Bath, Liberation Shower, or Deluxe Shower. Offer valid only while supplies last. Limit one per household. Must be first time purchaser. All offers subject to change prior to purchase. See www.AmericanStandardBathTubs.com for other restrictions and for licensing, warranty, and company information. * CSLB B982796; Suffolk NY:55439H; NYC:HIC#2022748-DCA. Safety Tubs Co. LLC does not sell in Nassau NY, Westchester NY, Putnam NY, Rockland NY.



Happy Halloween!

Connect with the Community.
Advertise in The Santa Monica Star
Call 424-581-6005 for details.

ATTENTION MEDICARE RECIPIENTS

easyMedicare
A privately owned, non-government website powered by e-TeleQuote Insurance, Inc.

"easyMedicare made getting the coverage I deserved easy."

- Joe Theismann
Joe Theismann
NFL MVP and Super Bowl Champion

You could be missing out on benefits like:
\$0 Copays - \$0 Deductibles - \$0 Premiums

Plus Dental, Vision, Hearing and more.
Call now to speak with a licensed insurance agent!



833-469-0721
TTY 711 8 a.m. to 9 p.m. Eastern, Monday to Friday
9 a.m. to 6 p.m. Eastern, Saturday

easyMedicare is an affiliate of e-TeleQuote Insurance, Inc., a private licensed representative of Medicare insurance organizations with a Medicare contract. easyMedicare is not affiliated with or acting on behalf of any government agency or program. Prescription, dental, hearing and vision benefits are not guaranteed, are only available in select plans and are not available in every state or zip code. The product described in this advertisement is a Medicare Advantage Plan with Part D prescription drug coverage and may not be available in your area. Your eligibility is not guaranteed. This is not a complete listing of plans available in your service area. For a complete listing, please contact 1-800-Medicare (TTY users should call 1-877-486-2048), 24 hours a day/7 days a week or consult www.Medicare.gov. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments and restrictions may apply. Benefits, premiums and/or member cost-share may change on January 1 of each year. You must continue to pay your Medicare Part B premium.

Community Service in Santa Monica

Doing Service With Rotary



By Lisa C. Alexander
Gratitude is an antidote to hard times. I know this is true. As a Rotarian, I'm finding things to be

grateful for in my Club. We may be tired of Zoom, but I'm finding the good. First, during our Zoom meetings, I can see everyone's smiling faces, not just the backs of their heads the way it was in the banquet room. And, I can chat and catch up with everyone, not just the friends sitting next to me at our usual lunch meetings.

Second, we can attract fantastic speakers from all over the country. There's no travel required, and the only inconvenience might be a time difference. And, attendance is up for the same reason. There's no drive time to get to our meetings. Building connections with others helps maintain well-being during difficult times. I'm grateful for the many ways Rotary keeps us con-

nected to our friends. Our activities may be virtual, but our calendar is fuller than ever with more opportunities to have fun together. We started a Book Group. We've done wine tastings and cooking classes. We just did a group painting class, each of us creating a masterpiece painting of the Santa Monica Pier.

The Rotary motto is "Service Above Self." Rotarians are actively giving service donating blood, making comfort calls to our elderly neighbors, cooking meals for the Salvation Army, and collecting food for local food banks. The news is full of endless need in our community. We may not be able to solve all the world's problems, but Rotarians do what we can. I'm proud to say we "get stuff done." And, service is a form of gratitude as we pay it forward.

If you would like to join us for a Zoom meeting, contact Savi at rotaryclubofsantamonica@verizon.net for more details.

Meet Our Lion Member Gail Litvack



By Linda Levee
In our column, we are introducing you to our members. Gail Litvack recalls that, "It was late in the summer of 1991

when Lion Carol Ann Wright stopped by my office to ask if I might like to attend a Lions meeting. I was looking to become involved in the Santa Monica community, so I said yes.

Since that time – now almost 30 years later – I've never regretted joining in this wonderful organization of men and women from

the Santa Monica area. I've been involved in several Lions activities over the years, including holding several offices within the Club and in the District.

My favorite projects are the Student Speakers Contest and the Community Recognition Event. I've chaired both of these activities several times over the years. And, of course, who can forget the Pancake Breakfast? Santa Monica's very own almost recurrent event for the past 65 years.

Thank you, Carol Ann, for inviting me to be part of this wonderful Santa Monica Lions Club."

Jerry's Memoir is on the Market

By Jack Neworth

Jerry Rosenblum, who'll turn 99 in January, just had his first book published, *An Angel On My Shoulder*. (Jerry's already joking about a sequel, *An Angel on My Other Shoulder*.)

Spanning from 1922 to 2020, *Angel* contains 98 fast-paced chapters, one for each year of his life. Born and raised in Brooklyn, Jerry still remembers the inexplicable excitement of Lindbergh's landing in Paris in 1927 and feeling comforted by FDR's fireside chats in 1933.

The book is often touching, funny

and filled with colorful characters Jerry has met. Many are famous, like Muhammad Ali, and some infamous, like mobster union official Alan Dorfman, who wound up with a bullet in his head. (Ouch!)

He also writes about his father's passing when Jerry was 12 and his having "to be the man of the house" with two or three after-school jobs to help support his family. When they were eventually evicted during the Great Depression Jerry recalls his sadness in seeing their furniture piled on the sidewalk. Jerry also remembers in vivid detail the

(Continued on Page 11)

Pride in Our History



By Susan Barry
Celebrations across the country marking the 100th anniversary of the 19th Amendment were cancelled this summer, another casualty of the pandemic.

Women of the Santa Monica Bay Woman's Club were especially disappointed to not have the opportunity to celebrate our pride in historically being a significant player in the long fight guaranteeing all women the right to vote in the United States.

Beginning in 1848, women across the country actively campaigned for suffrage. While some Western states passed equal suffrage, including California in 1911, the movement to pass a federal guarantee was slow to gain support.

In 1900, the National American Woman Suffrage Association began to recruit the leaders of Women's Clubs to the cause. The General Federation of Women's Clubs (GFWC) was the largest and most

important women's organization in the country. Members included many prominent suffragist leaders, but only a majority vote of the representative delegates at the 1914 GFWC biennial convention would give the movement the credibility it needed to push forward.

On June 14, 1914, the GFWC approved a resolution stating, "The General Federation of Women's Clubs give the cause of political equality for men and women its moral support by recording its earnest belief in the principle of political equality regardless of sex." The official endorsement affirmed that suffrage was an accepted cause for women across the country and did much to invigorate the movement forward.

The history of the fight for suffrage was far from over, however, and included imprisonment and the inhumane treatment of non-violent protestors, and the dedication of countless women ceaselessly petitioning Washington and their state representatives. This is

(Continued on Page 10)



JOHN LEHNE & SON INC.
PAINTING CONTRACTORS

Luis Fajardo Superintendent
310-261-3031 cell
310-280-0597 office
310-280-9172 fax
JohnLehneandSon@gmail.com

Lic. # 160698

Family-Owned and serving the Westside community since 1936

Keep Your Home & Office Safe From Covid-19!

SANITIZING YOUR SPACE

Westside Sanitize Service

- EPA Approved Chemicals
- Licensed & Insured
- Debris Removal

CERTIFIED HOME INSPECTOR
OSHA CERTIFIED

(310) 709-8793

westsidesanitize.com • westsidesanitize@gmail.com



GENERAC®

Prepare for power outages with a Generac home standby generator

SCHEDULE YOUR FREE IN-HOME ASSESSMENT TODAY!

424-252-8605

FREE

7-Year Extended Warranty*

A \$695 Value!



Offer valid August 24, 2020 - December 31, 2020

Special Financing Available
Subject to Credit Approval

*Terms & Conditions Apply

Paws and Claws

Update On COVID-19 in Dogs and Cats



By Dr. Frank Lavac MS, DVM, VCA

In September, the Journal of the American Veterinary Medical Association published an update on SARS-COV-2 in dogs and cats. The following is a synopsis of their findings.

Twelve dogs and 10 cats have been confirmed infected with the SARS-COV-2 in the U.S. All animals with confirmed infections were exposed to people with known or likely COVID-19 infections according to the USDA.

The predominant clinical sign was respiratory disease. All these animals showed evidence of severe underlying conditions. Based on the limited information available, the risk of animals spreading COVID-19 to people is considered low.

For further information, please see this page on CDC's website: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/pets.html>.

Dr. Frank Lavac can be reached by calling 310-828-4587.



Pride in Our History (Continued from Page 9)

only a fragment of the story of one of the greatest political movements in U.S. history. It is heartening to know that our organization played a significant role in our most cherished and sacred right as an American citizen, the right to cast our ballot. The Santa Monica Bay Woman's Club encourages everyone to VOTE in every election.

Adopt a Pet



Dolce is an extremely shy girl who has underlying sweetness. She likes gentle strokes on her cheeks and enjoys playing with a feather toy. Please contact the Lange Foundation, info@langefoundation.org, for more details on Dolce.

Mar Vista: Neighbor to Neighbor

What's Up in Mar Vista?



By Tesi Treuenfels

Here we are into fall. Mar Vista is still socially cool. We're practicing social distancing. We're wearing our masks to protect each other. For me? I'm still pretty much housebound except for exercise, so I guess I'll share a little bit about how I'm spending my time.

Zoom! Yes, I have been zooming. It's easy to find like-minded people on Zoom. Almost all events are online now. There's an art tour of various museums around the world daily, "For Love & Art." Ventura Boomers hold a round table to talk about a movie each week on Wednesdays. I stop into a 5 p.m. happy hour called Quarentini a few times a week. It's for women 50 years and up. Tuesdays is the Funny Bone Toastmaster's meeting. Funny thing with this quarantine, people are dropping in on local zoom "meetups" from all over the world. We've had visitors from Australia, Georgia, and England at our local Culver City Toastmasters.

Speaking of England, I'm keeping up with my bridge game on a wonderful site out of England. It's a well-behaved group that plays the game for fun. Recently, I tracked down an app to help me with my bidding at bridge. My game is improving. I miss my women friends at the Santa Monica Bay Woman's Club. I think they are virtually playing bridge in Colorado. It's a wonderful world.

Routines have been invaluable. I'm learning to navigate our new normal. Ralph's Market has a wonderful pickup program for shopping online, and it's free! Our Grand View Market on Venice is open for business. They sell pretty much everything you need and are never crowded. It's in and out in no time. Stay safe and happy, everyone.



Brain Matters

Will and Cary Singleton Donate \$40 Million to Pacific Neuroscience Institute's Brain Health Center for Alzheimer's Treatment and Research

The Pacific Neuroscience Institute (PNI) is excited to announce that a \$40 million donation from Will and Cary Singleton will support the PNI Brain Health Center at Providence Saint John's Health Center as it pursues novel and effective treatments for patients with Alzheimer's disease and related memory and cognition disorders.

Alzheimer's disease has been an immensely difficult challenge with more than five million Americans living with the disease. Unfortunately, to date, there are no effective treatments, and more than 200 clinical trials of potential treatments for Alzheimer's have failed.

"At PNI, we have a long track record in advancing novel approaches and conducting innovative clinical trials. The Singleton gift will greatly accelerate our efforts to transform clinical data into discovery, and develop new stan-

dards of care for Alzheimer's and related disorders," said PNI founder and director, Daniel Kelly, MD.

The gift is the largest single donation received at PNI and it will be used to support improving early detection, identifying risk factors, reducing risk and helping those already suffering from dementia and cognitive decline.

The Singleton family has been supportive of Saint John's for generations and their donation will inspire other philanthropists to join PNI's quest to cure difficult diseases across all the neurosciences.

"We are immensely grateful for this transformative gift," said Saint John's Health Center Foundation president and CEO, Bob Klein. For more information, please call the Pacific Neuroscience Institute Foundation | Melissa Coleman at 310-582-7615.

Give Books As Treats for Halloween

Local history has never been so spine-tingling and spooky! The incredible ghost stories and legends in this middle grade chapter book about the Queen Mary bring local history to life – even when the main players are dead.

Discover America's haunted stories through its suspenseful tales of spirits and phantoms, bumps in the night, and the unexplained.

Welcome to the spooky decks of the RMS Queen Mary, where ghosts lurk around every corner. Even the most unexpected places might be haunted by wandering phantoms.

Did you know that this glorious ship served in World War II, and that the ghost of Winston Churchill is still aboard? Or that several children haunt the pool each

(Continued on Page 11)

Santa Monica Playhouse! We're Back!

ONLINE THEATRE CLASSES FOR KIDS 7-14

Theatre skills! Camera Technique! Create a Zoom play!

Tues 4-5pm Oct 6-Nov 10
Thurs 4-5pm Oct 8-Nov 12
Sat 10-11am Oct 10-Nov 14

LIVE STREAMING

STREAMING ONLINE OCTOBER 2020!

ABSOLUTELY HALLOWEEN

THE BFF: BINGE FRINGE FESTIVAL OF FREE THEATRE

OCT 19 - NOV 8 - all shows FREE!
LIVE-STREAM OF "AUDIENCE FAVE" SHOWS!

1.310.394.9779 ext. 1
theatre@SantaMonicaPlayhouse.com

Estate Planning, Trusts, Wills, Probates, Conservatorships

Lisa C. Alexander
Attorney At Law

JAKLE & ALEXANDER, LLP
1250 6th Street, Suite 300
Santa Monica, CA 90401
Call: (310) 656-4310

★
Mention this Promo Code: STAR and receive a FREE CONSULTATION

Jerry's Memoir is on the Market

(Continued from Page 9)

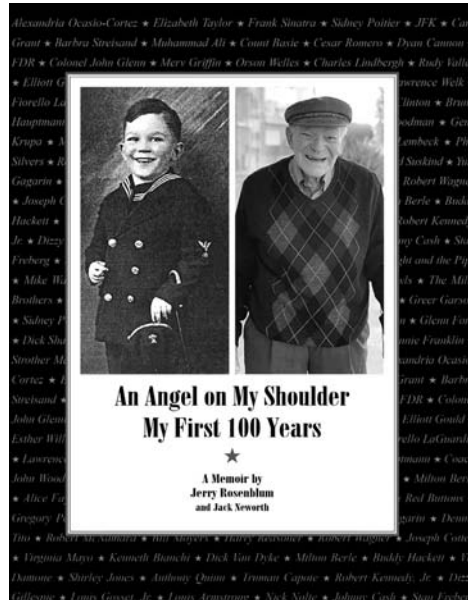
dangers of his Navy service at Pearl Harbor during WWII. But, he adamantly feels overcoming these challenges have contributed to his longevity and wonderful life.

Jerry and I met because he was a regular follower of my columns in the *Santa Monica Daily Press* and hoped that maybe I would read a draft of his memoir manuscript. I'm embarrassed to say, but I was thinking of a polite way to pass when Jerry mentioned his 50 years in the men's clothing business. My late father was in the same business for 30 years, so I couldn't say no. (And, am forever glad I didn't.)

When Jerry eventually got a commitment from a small publishing company, we worked six days a week rewriting his book. A year later when we finally finished, Jerry commented, as only he could, "Jack, what I wrote was the cloth. What you wrote turned it into a fine suit."

Readers often ask if Jerry is still sharp. Get this, he has 50 songs, many from Broadway musicals, he knows by heart that he'll sing at a drop of a hat. (You don't even need the hat.)

For me, knowing Jerry has been



The cover of Jerry's new book.

nothing short of inspiring. As explained in the book, he's friends with Congresswoman Alexander Ocasio-Cortez who says, "Jerry spreads joy wherever he goes."

An Angel On My Shoulder is on Amazon. But, to meet Jerry in person, he offers "social distance curbside service" in front of his Santa Monica apartment building. Call 310-451-5383. Jack can be reached at 310-392-2275.

From Me to You...



By Diane Margolin

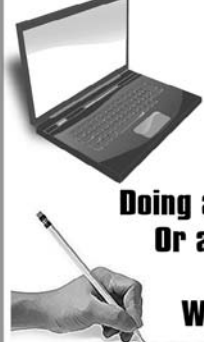
We certainly have a lot to think about this month. First, be sure to vote as soon as you get your ballot.

If you are looking for some inspirational reading during this challenging time of COVID-19, then sign up for Maria Shriver's free Sunday Newsletter. It's interesting that even if we have different lifestyles and experiences, we can still share the same feelings. Go to Maria Shriver.com and look for the place to sign up. There are articles from other authors, recipes on health and wellness, product ideas, and so much more.

If you are looking for a simple dessert to make, mix two containers of fruit-flavored yogurt and a carton of Cool Whip. Pour into a prepared graham cracker crust. Sprinkle blueberries or strawberries on top. Cover with saran wrap and freeze. Take out about 30 min-

utes before you plan to serve. After you slice the pieces you want, return it to the freezer. Experiment with some different yogurt flavors.

Enjoy the fall weather and the changing colors of the leaves.



Working on a thesis or dissertation?

Doing a term paper? Or a screen play?

Writing a book?

NEED HELP with editing or copywriting?

Call Diane, a very experienced editor and copywriter, at 424-581-6005.

Give Books As Treats (Continued from Page 10)

day? Can you believe that this floating hotel is one of the most haunted places in America? Pulled right from history, these ghostly tales will change the way you see the RMS Queen Mary, and have you sleeping with the light on! *The Ghostly Tales of the Queen Mary* was adapted from *Ghosts of the Queen Mary* by Brian Clune and Bob Davis.

This book is one of a new series, Spooky America, put out by Arcadia Publishing. They explained that their specialty is local history, and the Spooky America books are no different. While readers are

wrapped up in hair-raising tales, they're also immersed in the history of a specific place, and learning about its people, its way of life, and its evolution. Other areas to be explored are Long Island, Connecticut, Charleston, Pittsburgh, Savannah, and New England. The books are recommended for readers, ages eight through 12, but adults should enjoy the stories as well.

Arcadia Publishing can be reached at 843-853-2070.



Blanca Gomez, above, and her family created Westside Sanitize Service to focus on helping you to prepare your home, office, or school to be safe and clean from COVID-19. They offer their services to one preschool each month at no charge. For more details on their services, please call 310-709-8793.

Leaf Filter

GUTTER PROTECTION

CLOG-FREE GUTTERS OR YOUR MONEY BACK GUARANTEED!

BEFORE LeafFilter



AFTER LeafFilter



15% OFF

YOUR ENTIRE LEAFFILTER PURCHASE*
Exclusive Offer - Redeem By Phone Today!

ADDITIONALLY

10% OFF SENIOR & MILITARY DISCOUNTS

MADE IN THE USA

PLUS!

THE FIRST 50 CALLERS WILL RECEIVE AN ADDITIONAL

5% OFF**

YOUR ENTIRE INSTALL!
**Offer valid at estimate only

FINANCING THAT FITS YOUR BUDGET!¹

¹Subject to credit approval. Call for details.

CALL US TODAY FOR A FREE ESTIMATE

1-855-842-5065

Promo Code: 285

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOPL #10783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603 233 977 License# 2102212986 License# 2106212946 License# 2705132153A License# LEAFFNW822J2 License# WV056912 License# WC-29998-H17 Nassau HIC License# H01067000 Registration# 176447 Registration# HIC.0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# 1R731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H

virtlegal

Timur M. Berberoglu, Esq. 725
1112 Montana Avenue, Suite C-2
Santa Monica, CA 90403






Wills, Trusts and Probate made simple - see your lawyer from your couch!

Meet me in person, by phone or via video conference; review your documents in person or online; sign your documents in my office, at home or at work.

It's that easy!

Call me to book an appointment:
(310) 401-3111



Carolyn F. Hemann, CFP®
 Private Wealth Advisor
CERTIFIED FINANCIAL PLANNER™ professional
Hemann, Preator & Associates
 A private wealth advisory practice of Ameriprise
 Financial Services, Inc.

310-477-2500
 11835 W. Olympic Blvd. Ste 735-E
 Los Angeles, CA 90064
 CarolynHemann.com

I've been guiding clients toward financial independence for over 25 years. I am passionate about providing timely, quality financial advice / planning that can lead to peace of mind for my clients.



Hemann, Preator & Associates, a private wealth advisory practice of Ameriprise Financial Services, Inc. Investors should conduct their own evaluation of a financial professional as working with a financial advisor is not a guarantee of future financial success. Investment advisory products and services are made available through Ameriprise Financial Services, Inc., a registered investment advisor. Ameriprise Financial Services, Inc., Member FINRA and SIPC. CA Insurance 0721941

Providing affordable concierge-level in-home caregiving throughout Los Angeles since 2003.



- Companionship
- Medication Reminders
- Transportation
- Meal preparation and feeding
- Personal care

Contact us: (323) 655-2622
 www.mamashomecare.com



A Letter From Lidia at the Santa Monica Family YMCA

Dear Readers,
 Last month, the Santa Monica Family YMCA joined Welcoming America and other YMCAs and organizations nationwide to celebrate the contributions of immigrants to communities in a spirit of unity.

We had a successful event for our first time. Nat Trives, our Board Member, welcomed everyone with a wonderful speech.

We provided three healthy cooking classes, two Stress Management classes during the Pandemic, two Fall Prevention presentations, a Cholesterol Education seminar by the USC School of Pharmacy, two UCLA Health seminars, the SM YMCA virtual older adult program and Chronic Disease Prevention Programs, plus nine exercise classes, including yoga, chair yoga, Latin dance, Brazilian dance, and Bollywood Boom Jam.

We received 101 event participant registrations. About 175 people attended our week's activities, including the UCLA Health educational seminar participants. Ten children from the Y's Child Development Center joined me for the Brazilian and Multicultural dance session. It was great.

Also, 55 youth from diverse backgrounds participated last week for the SM YMCA's Youth-Led Civic Engagement meeting with Erika Altshule, YMCA's Youth and Family Department Director.

I received a good response from those who attended our Y's event sessions, and they are looking forward to future event presentations.

Exercise classes are now being held outdoors at Fifth and Arizona. To get details, please call me, Lidia Magarian, at the Santa Monica Family YMCA at 310-393-2721.



Christina Jhun Hopkins & Chuck Husting - Real Estate

We focus on the needs of our clients. We have significant local knowledge, decades of experience, and excellent references from happy customers.

Call us any time to discuss the market, real estate issues, property values, etc. We are always willing to advise clients on what repairs to make prior to listing a home.

www.ChuckAndChristina.com

Experienced Santa Monica Real Estate Team

CHRISTINA JHUN HOPKINS
 310.430.9559
 ChristinaJhunHopkins@Gmail.com
 Dre: 01737549

CHUCK HUSTING
 310.770.6353
 Chuck@ChuckHusting.com
 dre: 01837773

Chuck & Christina
 REAL ESTATE

COMPASS



MONSTER BASH 2020

JOIN US FRIDAY, OCTOBER 30
 7:00pm PDT - the Witching Hour

Donation based interactive multi screen
 Zoom and Britesiders live stream

<https://britesiders.com/mowwestmonsterbash>

Featuring **The Rembrandts** performing the Friends theme song "I'll Be There For You"

Online auction and costume contest for kids, individuals, and couples starts October 1

For more information contact **Ashley McGullam** at (310) 394-5133x6 or ashley@mealsonwheelswest.org






Follow us on social!
 @mealsonwheelswest