



Julie Dobkin Gilberg took this photo of the summer sun's reflection on the Pacific Ocean from the top of the California Incline.

Senior Snapshot

Eddie Guerboian Still Making a Positive Difference in Our Community

By Corinne Pagan

Edward Guerboian, also known as 'Eddie' or 'Mr. Stache,' is recognized as a prominent community member in the Santa Monica area. While he may not be a native of Santa Monica, he has definitely made a difference with his long-time presence.

This Santa Monica senior was originally from Alexandria, Egypt, where he was raised by his mother and father, who had been running three businesses at the same time. After Eddie turned 14, his father passed away. At the time, Eddie had to "step-up" and be the leader of his household.

Two years later, at the age of 16, Eddie flew to another country to participate in a basketball competition. However, Eddie knew that if he returned home from this trip, he would be drafted into the army, given the political state of his country. So, he instead sought religious protection by coming to the United States. Once here, he was then given the option to move anywhere in the United States. He chose Santa Monica because the weather reminded him of the weather in Alexandria. He moved to our beloved city in 1967.

Eddie had a few different careers in Santa Monica before he became the jeweler he is today. He started off as a stock boy at a camera shop, where he moved up to sales, earning commissions within his first six months. Eddie also found



Eddie Guerboian is sharing his people skills in the lobby restaurant at the Fairmont Miramar Hotel.

time to attend night classes at Santa Monica College while he pursued his work during the day.

No matter the career, he has always enjoyed working in sales. Everything clicked into place when Eddie started his job at Reader's Fine Jewelers. He enjoyed how happy he made his community with the connections he was building. When the original owner wanted to retire in 1977, Eddie insisted on buying the store from him. The name was then changed to Fifth Generation Reader's Fine Jewelers, following the purchase of the company.

A year prior to this event, Eddie married Evelyn, his wife of now 46 years. This community member spoke of his wife with such loving

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Santa Monica Playhouse Unique Community Treasure

By Corinne Pagan

Santa Monica Playhouse, on 4th Street, just below Wilshire Boulevard, was originally founded and run by Ted Roter, James Arness, and Eric Braedon in 1960.

This playhouse, even nearly 65 years later, honors the beauty of intimate productions in smaller spaces. Evelyn Rudie, one of the current artistic directors, states "that personal interaction – that one-on-one – is the single most important thing that the arts can do."

Evelyn Rudie began her work at Santa Monica Playhouse in 1966. She and Chris Decarlo created their first youth program in 1969. However, the year 1973 is when both artists took a very big step in their lives. Ted Roter wanted to retire and was thinking of selling the Playhouse.

With the help of their families and the actors in their troupe, Evelyn and Chris were able to assume financial responsibility for the company within one month. The Playhouse offers over 100 separate programs, from two conservatory programs, one for ages 4 to 17, one for adults, to year-round productions, to an amazing benefit program.

About 20 to 25 times a year, the Santa Monica Playhouse will do limited three-night runs for anyone who has created their own show. They will provide what one may need to put on a production, and will even allow the creator to keep any costumes, light or sound designs, and artwork for their own show. The company keeps the box office commissions and accepts

**Do You Recognize
These Neighborhood
Celebrities?**
(Answer on Page 4)

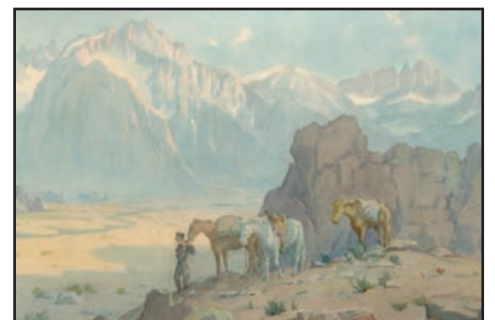


Chris de Carlo and Evelyn Rudie have been running the Santa Monica Playhouse for almost 50 years.

donations from the community to keep such a wonderful benefit program alive. The Playhouse also offers different scholarships to underserved community members who wish to participate.

Santa Monica Playhouse returns to the core values of what art means and reignites the passion, teamwork, and bonding of what performance should be about in both its crew and anyone who may come to enjoy a show.

If you are interested in joining Santa Monica Playhouse, there is an audition process on their website at www.santamonica-playhouse.com/auditions – submissions. To attend and watch one of the 25 productions that this amazing playhouse has to offer, you may go to their location at 1211 Fourth Street in Santa Monica, or call 310-394-9779, Ext.1 for more program and ticket information.



This Wachtel watercolor is part of a new exhibit at the California Heritage Museum. See Page 8 for details.

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Discover What’s Happening on the Westside

By Pamela Lawrence
• **Thursdays in August (4, 11, 18, 25) - Santa Monica Night Market-** Meet at The Bungalow every Thursday this summer for special drinks, food, music and fun. Open to all ages (and furry friends). Includes a kids’ area and weekly DJs. 5 p.m. to 11 p.m. Fairmont Miramar Hotel, 101 Wilshire Blvd. Visit <https://www.santamonica.com/event/night-market/2022-08-04/> or call 310-899-8530 for more info. Free.
• **Fridays in Summer (August 5,12, 19, 26) - ’90’s Night** - Have fun at Santa Monica's hottest new bar and lounge, Nostalgia, for the launch of ‘90’s Night. 7 p.m. to 10 p.m. 1326 Pico Blvd. Call 310-450-4989 for more info. Free.
• **Saturdays in Summer (August 6, 13, 20, 27) - Seaside Cinema** -

Meet at the seventh floor landing at Loews Santa Monica Beach Hotel and enjoy a family-friendly movie. Drinks and snacks can be ordered from a curated movie menu. Spaces are first-come-first-serve, so arrive early. 7 p.m. to 10:30 p.m. 1700 Ocean Ave. For more information, call 310-458-6700. Free.
• **Saturday, August 6 - Movie Matinee** (Disney's "Cruella") at the Kaufman Brentwood Branch Library, 11820 San Vicente Blvd. 2 p.m. 310-575-8273.
• **Tuesday, August 9-Poetry Open Mic-Online for adults.** Share a poem you wrote or a poem you love! You are also welcome to just listen and enjoy. Emceed by Wyatt Underwood. 6 p.m. Presented by the Westwood Branch Library. To re-

ceive a Zoom invitation, please contact wwood@lapl.org.
• **Saturday, August 13 - Learn about Tarot Cards** and how to read them with Marcella Kroll at the Kaufman Brentwood Branch Library, 11820 San Vicente Blvd. 310-575-8273.
• **Sunday, August 21** - The Friends of the Kaufman Brentwood Branch Library host **the 33rd Annual Poetry Fest**, featuring local poets reading their original poems at the library, 11820 San Vicente Blvd. 2 p.m. Details: 310-575-8273.
• **Ongoing through October 30-Art Exhibition by Marco Pallotti**-Travel along as the visual artist photo-documents his 40-day journey from the Los Angeles area to New York City, passing through large bustling cities and small

sleepy towns along the way. Visit Las Vegas, Death Valley, Williams, White Sands, Truth or Consequences and Santa Fe, Dallas/Fort Worth, Graceland and Memphis, the Mississippi Delta, Hudson Valley and finally, Manhattan, New York City. Marco shot more than 7000 images between his digital, film and phone cameras. Approximately 125 iconic photographs have been reproduced for this show. 11 a.m. to 4 p.m. California Heritage Museum, 2612 Main St. Visit:www.santamonica.com/event/marco-pallotti/2022-08-03/. Free.
• **Ongoing through October 30 - Art Exhibition by California Water Color Society-** 53 paintings by outstanding artists who were

(Continued on Page 8)

Eddie Guerboian Still Making a Positive Difference (Continued from Page 1)

adoration, stating, “She had the best smile, both then and now.” The pair have two daughters, and a son and daughter-in-law who have blessed them with two precious grandsons.
Fifth Generation Reader’s Fine Jewelers closed in 2016 to make space for future ventures.
After he had closed his beloved jewelry store, Eddie was “semi-working” as a private jeweler. He

also continued to work with his son, Edward Avedis, at his own jewelry company. Now, the pair own a flagship store located in the lobby of the Fairmont Miramar Hotel. However, jewelry isn’t the only thing that Eddie is involved in.
As stated previously, Eddie would take night classes at Santa Monica College to receive his education. He soon received his bachelor's degree in business and has been the presi-

dent of the Santa Monica College Associate's Club for what is going on two terms. Eddie used his previous experience to advocate for the needs of students during the pandemic. He pushed for the college to offer opportunities for food and access to educational material. This isn’t the only way that he is still active in his community.
Eddie has served on the boards of multiple clubs throughout the years. Whether it be the Kiwanis Club, the Boys & Girls Clubs, or even the board of the Fashion Institute of Design and Merchandising (FIDM), Eddie has a way of bringing people together to enhance the

organization.
Today, as well as working alongside his son, Eddie is also a part-time manager in the lobby restaurant at the Fairmont Miramar Hotel. He gives thanks to the management, Ellis O’Connor and Sam Jagger, for giving him this opportunity. He regards Ellis O’Connor as a “visionary man.”
No matter where Eddie Guerboian goes, his enthusiasm and positive attitude are reflected in his participation in community organizations, as well as the places he chooses to work.

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Is the High Level of Cocoa in Dark Chocolate Good for You?

by John Grimaldi
News about your health can be quite depressing – especially these days – but the news that eating dark chocolate, the kind that contains lots of cocoa, can be good for your health, can come as a deliciously delightful surprise, says Rebecca Weber, CEO of the Association of Mature American Citizens [AMAC]. But, suggests Weber, it would be wise to consult with your doctor before going on a chocolate binge.
It used to be a no-no, particularly for seniors, but research in recent years suggests that, if you don’t overdo it, eating dark chocolate can be good for you. Numerous studies show that regularly treating yourself with about half an ounce of dark chocolate can lower blood pressure, reduce your levels of bad LDL cholesterol and increase your levels of HDL, the good cholers-terol. Some researchers believe that it can improve cognitive function,” describes CEO Weber.
According to the National Institutes of Health [NIH], up until the medical community began conducting deep scientific research into the negative and positive effects of chocolate, health care providers warned their patients of the potential health hazards of consuming large amounts of chocolate. Patients were told that, while it is indeed a tasty treat, it could also have ill effects on your health such as acne, obesity, high blood pressure, heart disease, and diabetes.

“However,” says the NIH, “the recent discovery of biologically active phenolic compounds in cocoa has changed this perception and stimulated research on its effects in aging, oxidative stress, blood pressure regulation, and atherosclerosis. Today, chocolate is lauded for its tremendous antioxidant potential. However, in many studies, contradictory results and concerns about methodological issues have made it hard for health professionals and the public to understand the available evidence on chocolate's effects on health.”
Many researchers around the world have come to the same conclusion, suggesting that if you have a craving for chocolate you should avoid processed chocolate treats

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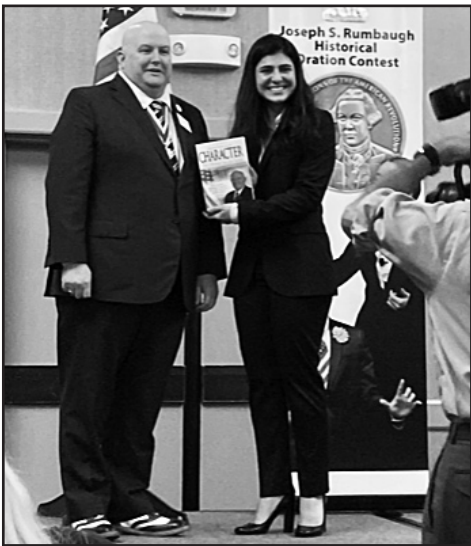
Teen Scene

Dealing With the Effects of Competition



By Julia Abbott
Two days ago, I finished my last speech competition of high school. Five years of work led up to a moment that was unlike anything I'd expected. I think I did a good job; not perfect, but good. I walked away with a second place medallion and some amazing friendships with my fellow contestants. The Joseph S. Rumbaugh Historical Oratorical Contest is run by the Sons of the American Revolution, and my California State Society paid for me and my family to travel and stay in Savannah, Georgia. It was an incredible experience. Only now, with a few days of reflection, am I able to really close this chapter of my life.

I've always been an extremely competitive person, and I always suffered my losses with the attitude that I would come back stronger the next year. This year, I entered each contest knowing it was my last chance – possibly one



Julia receiving her award in Savannah, Georgia.

of the last times I would ever speak in a contest again. The competitive side of my personality has been forced to take a backseat to the more emotional side. The morning of the contest, I toured Savannah with my family. I was almost late to the dress rehearsal. And, I'm SO happy I chose
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Mar Vista: Neighbor to Neighbor

Bikerowave Co-op for Bike Owners



By Michael Byrne
What would you say microwaves do? Would it be a stretch to say that they help “repair” a subject to its desired state (e.g. turning a bowl of raw oats and

water into warm oatmeal?) Or, how about saying they stir so much passion into a subject’s molecules they can’t help but vibrate, and thus create heat? If you can humor me with either one of those explanations, you’ll understand at least one of the puns behind Mar Vista’s own bicycle co-op, Bikerowave. Located between Grand View and Ocean View on Venice Blvd., Bikerowave’s primary mission is to “empower the cycling public by providing hands-on education about bicycle repair and maintenance.” Fully volunteer-run, Bikerowave has been serving the west side of Los Angeles for over 10 years. Members of the community requiring any sort of bicycle repair or maintenance can bring their bike

to the shop and rent space to work on it. (\$11/hr., \$7/30 min.) All the tools and basic needs are part of the rental fee. And, for those that don’t know where to start (or how to keep going), guidance from a member of the co-op is included as well, so you can learn while doing. When I asked Jane Voodikon, Head of Communications at Bikerowave, about the business model, she said it best, “The goal is to be useful for the community.” If you’d like to help support the co-op, you can donate any used bicycle parts (or full bikes), rent space and learn about how to repair your own (or someone else’s bicycle), or best of all, volunteer! Bikerowave also sells parts and fully-operational used bikes that have been donated to the shop and since repaired. Head to bikerowave.org to learn more, and follow @bikerowave on Instagram to keep up on any upcoming events.

Michael Byrne recently moved to Mar Vista from northern California.

Is the High Level of Cocoa ...
(Continued from Page 2)

that contain additives and have low cocoa content. What you’re looking for, they say, is chocolate with a high content of cocoa, namely dark chocolate that contains 70% to 85% of cocoa. As the Mayo Clinic puts it: “Healthy chocolate sounds like a dream come true, but chocolate hasn’t gained the status of a health food quite yet. Still, chocolate’s reputation is on the rise, as a growing

number of studies suggest that it can be a heart-healthy choice. Cocoa itself, unlike chocolate, is low in sugar and fat while offering potential health benefits. If you enjoy chocolate flavor, add plain cocoa to your low-fat milk or morning oats.”
John is with the Association of Mature American Citizens [AMAC]. Call 917-846-8485 for more details.

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Byte by Byte

Translocating with Technology



By Dr. Miceala Shocklee
Having recently moved across the country, I found that technology played a supporting role in helping me relocate from Florida to California. From using Zillow and other apartment-search sites to scour the Internet for my next home to the use of real-time GPS and Google maps to route-plan for the drive across, technology played a crucial role in enabling my next step.

Technology played a pivotal, if seemingly softer role, in settling into my new place, too. I have traditionally been a hammer and nails and “stand five feet back and see if it looks straight” kind of person when it comes to room design. This time around, however, I experienced the pros and cons of using tools like laser levels. A laser level, while simple enough on the outside, combines multiple pieces of technology in one compact device: level, laser, and balancing tools.

The basis behind any level, laser or otherwise, is the use of an objective, independent reference point as the axis (horizontal or vertical) along which to align something else. All this takes is gravity and an enclosed system in which tilting off an aligned axis will “tip the scales.” In manual levels, this involves balancing air bubbles in cylindrical tubes with marked borders in order to assess alignment. Manual levels require either marking a line along the correctly oriented level, or abutting the object of interest directly along the level in place.

Laser levels, on the other hand, provide both accurate physical orientation and allow for distance alignment with a relatively more hands-off approach. The laser level may require external help with first setting the device itself into gravitationally aligned placement, but more often, laser levels have self-aligning mechanisms, such as magnets and pulleys, that are able to orient within the device itself. After being correctly aligned, laser levels then use laser technology, which could be an article in itself, to project a horizontal and/or vertical axis onto a surface. While older models could only be used inside, modern-day laser levels are often bright enough to project onto outdoor surfaces as well. Whether old or new, however, lasers can still injure eyesight, and wearing eye goggles is recommended, regardless of what model is being used. No matter how seemingly benign the laser, no laser should ever be pointed into someone else’s vision. Laser levels provided an assist in my floating shelf installation and in hanging up artwork, but with one notable drawback, especially in the case of the latter. The point of a level is that it’s objective, independent of the space one is in. That very space, however, may not itself be level. Subsequently, objects aligned with gravity may not be flush with or parallel to walls and ceilings. The solution to that, however, does not lie so much with technology as it does with taste.

Dr. Miceala Shocklee is a full-time aquatics veterinarian and part-time science writer and freelance editor.

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Reflections From The East

Reliving My Chinese Childhood Through Old Western Movies



By Qin Stubis
I love American classic movies, especially old Westerns. To me, they are not just exotic and inspirational, but also echo the life I once lived when I was young, cooking over a bonfire, fetching water from a well, and bathing in a large wooden tub. The only difference is that I did all these things in the middle of the cosmopolitan city of Shanghai in the 1960s.

I would never have thought that my life had anything to do with America's Wild West, but these old films often bring back the memories of my childhood. I can see myself there, in homemade clothes, minus the guns, fireplaces, horses, and wagons. While watching someone on the prairie drawing a pail of water from a well may seem idyllic, actually living such a life can be quite challenging. I still remember how, with my thin arms, I helped my father to pull a pail of water out of a well,

well, and how my eyes were stung by the harsh smoke and my face was smeared with ashes when I learned to cook over an open fire. Without heating, hot water or even an actual tub, taking a bath during the winter was quite a daunting task. Every week or so, my mother tirelessly used her largest pot to boil water and made the middle of our bedroom a temporary bathroom for her four little girls. She put us, two at a time, into a large wooden tub and scrubbed us until our skin turned

pink. We shivered, cried, and laughed before she pulled us out of the tub so the other two sisters could get their turn. In spite of the risk of carbon monoxide poisoning, Mother often had to place our small, homemade charcoal stove inside the room to keep us from freezing. We lived at a time when maintaining personal hygiene could be deadly. I knew a girl in my elementary school who had perished during a bath on a cold wintry day, and I once saved my younger sister Min's life when
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Kids-Free Trip?

Have You Provided Your Caregiver With All They Need?

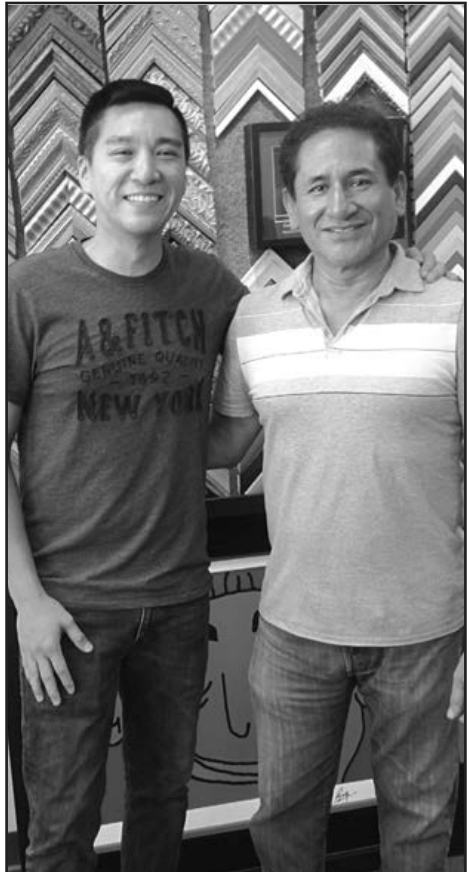


By Cheryl Thode
Recently, one of my friends traveled out of the country with her husband on an anniversary trip. This was the first time they left their two-year-old with a caregiver for longer than a day.

My friend had prepped his clothes, a list of foods he liked, and compiled some of his favorite books and toys. She asked me in passing if there was anything else she should do or prepare for the toddler. Initially, I said she should just have a wonderful time and not forget to take a lot of pictures. However, on second thought I asked her if she had a power of attorney or any other medical authorization form for her child. She looked at me with shock and said, "No. I completely forgot! I don't even know what forms to use." I then took the opportunity to give her some of my old forms and other mom advice on information that I have learned to leave with my child's caregivers. Providing the necessary information and documentation for medical treatment to those caring for our kids, no matter how long the care may be, is essential. The last couple years have altered a lot of our travel plans and arguably gotten some of us out of practice on even how to travel. It seems for some of us, there's a complete loss of what we should provide to our children's caretakers in the event of an emergency, or need for medical care. After coming across this recent issue with my friend, I thought it might be helpful to go over a couple of the major items we moms should always have handy to give to those providing care to our children. While they hopefully will never need to use these items, having them in a time of an emergency or medical issue, will ensure that your child is properly cared for should a problem arise. Below, please find a list of valuable information you should always have handy to give to your child's caretaker. I find keeping it in an editable file on your computer and a hard copy in an easily accessible folder makes it more manageable. While the following is not an exhaustive list, I hope it provides a good primer or refresher for parents as we all begin to travel or venture out again without our children. As for the information, the most important items to provide for any caretaker are the child's full legal name, date of birth, both parents' contact information, and the child's insurance information. While a copy of the front and back of the child's insurance card would be

the best option, at a minimum, one should provide the name, policy number, and insurance company's phone number. Additionally, provide your child's pediatrician, dentist, and any other physician's telephone numbers and addresses, the phone number for poison control (800-222-1222), and phone numbers and addresses for the local police, fire departments and hospitals in your area. I would also recommend you note any medications your child is currently on, along with any allergies or other medical conditions your child may have. Aside from the above information, there is also one very important document you should always provide to any caretaker of your child, a general consent to obtain routine or emergency medical care. While some providers may require their specific consent form to be filled out for non-emergent situations, in emergencies, a general consent form (various free forms can be found on the Internet) is normally sufficient. If you have any questions, contact your child's pediatrician. He may be able to provide you a consent form to use. While it hopefully is never necessary for you or your child's caretaker to use these items, taking the time now to get these together may just save your child in the event of
(Continued on Page 5)

Answer to Neighborhood Celebrities
(Continued from Page 1)



Wilson Kam, left, and Felix Arteaga will do a wonderful job of framing your artwork at FastFrame at 2321 Wilshire Blvd. Wilson has now owned the store for six years.

Mini Message Bulletin Board



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Clergy Corner

“Turn on the Spiritual Lights”



By Reverend Carolyn Baskin-Bell

This summer has brought dark clouds with dim skies overpowering the sunlight. Our spiritual realm struggles with pain and grief. It was gray in May and much gloom occurred in June as we observed violent acts of hatred in our schools, shopping malls, grocery stores, on the freeways; in the streets, and even during a parade celebrating the Fourth of July. In the midst of our spiritual struggles, it’s time to turn on our Spiritual Lights!

We are dependent upon physical light, whether a lamp or a candle to make our environment visible. When the electrical source fails to provide light and the candle is blown out, we become alarmed. Therefore, an alarm is signaling for all spiritual lights to ignite the flame of love to overpower the hatred raging violence across the land. Our faith teaches us “Love overpowers the darkness.”

There is a necessity for every spiritual light to illuminate love by shining affirmation, acceptance and admiration of humankind, regardless of their race, gender, sexual orientation, faith tradition, educational, or economic status. Affirmation is expressed by an inclusive attitude to acknowledge individuals regardless of cultural or

background differences. We are all created for a purpose to contribute our God-given gifts to the world. Accept people for who they are by avoiding labels; stereotypes, and judgmental calls. Embracing people in their environment is an act of acceptance. As the light of love shines our admiration, we celebrate the diversity of cultures and the rich history associated with each one.

As we turn the physical lights on, we must radiate our spiritual lights in our homes for families to feel the rays of love illuminating affirmation, acceptance, and admiration. Then, our children will shine their lights at school; parents will do likewise in the workplace; as well as individuals engaged in social, political, and community events.

Let the “Spiritual Lights” Shine in our churches, synagogues, temples, mosques; chapels, cathedrals; and all places of worship. Turn on our Spiritual Lights of Love and shine, shine, shine!

Pastor Carolyn Baskin-Bell is the Senior Pastor of First African Methodist Episcopal Church of Santa Monica. FAME Santa Monica has served this community for 101 years!

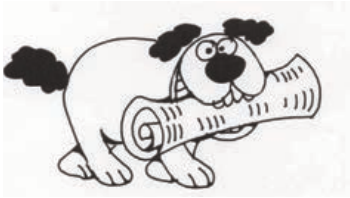
Each month, we ask a member of the clergy to write a column for our readers.

Kids-Free Trip? (Continued from Page 4)

an emergency. Wishing you all good health, wonderful trips, and safe travels. God Bless!

If you or someone you know is a mother in need of a group of mothers to share with and grow her own village, please visit our website at the link below and register to be a Mother of Monica. Go to <https://stmonica.net/ministries/fellowship-groups/moms>.

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Passing Through the Pico Neighborhood

Archie Lee History is Awe-Inspiring Indeed



By Stacy McClendon

When you hear the name Archie Lee, it may or may not ring a bell to you. However, his name is, and will forever be engraved, in U.S. history. He was part of the Scarboro 85 Black students group involved in the integration of Oak Ridge, Tennessee schools in 1955, following the Brown vs. Board of Education ruling on May 17, 1954. A commemorative celebration was held to honor the Scarboro 85 on September 6, 2021 for their sacrifice, courage, and leadership.

Archie has been one of Santa Monica’s own since 1963. He currently lives a stone’s throw from Clover Park with his wife, which is where we met to discuss his journey from the South to Santa Monica.

Archie graduated from Oak Ridge High School with honors in 1957. After high school, the University of Tennessee reached out to Archie to attend their school, but upon finding out he was Black, told him that he couldn’t enroll. Archie decided to attend Indiana Tech on a \$500 scholarship from B’nai B’rith.



Archie Lee shares a fascinating life story.

Afterwards, he attended an extension class in electronics through the University of Tennessee at Oak Ridge.

Archie’s gift and love of mathematics and science began to be utilized when he began working for ORTEC, where he assisted in manufacturing surface barrier nuclear radiation detectors.

After being laid off from ORTEC, Archie applied to be a police officer, as he saw the diversity that was lacking on the force. However, the vice president of Solid State Radiation in Washington, D.C. flew down to his home to interview and offered him a position in 1962 on Christmas Eve. Believe it or not, he was also scheduled to take the oral examination with the police department.

(Continued on Page 11)

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For more details, contact Carol Hahn at 310-612-9064. (Program made possible by OPICA donors.)

Bob and Meryl Alschuler sent in this photo of their “puppy,” Louie, who is six feet tall, but still a puppy. He was masked during the worst of the pandemic.

Six PAL Members Receive \$22,500 at Annual Scholarship Award Celebration



The Police Activities League (PAL) hosted its annual Chris Carrey Scholarship Recognition Ceremony last month. Six PAL members, both juniors and seniors, were honored with personal recognition and individual scholarship funds totaling \$22,500. More than 50 guests joined to celebrate the student recipients at the outdoor event including City Councilmember Lana Negrete, Director of Community Services Andy Agle and Santa Monica Chief of Police Chief Ramon Batista. Now in its 20th year, more than 115 scholarships totaling more than \$320,000 have been awarded to PAL youth in the Santa Monica community. This year’s Chris Carrey PAL Education Scholarships program recipients include Citli Carrera-Arenas, Mykel Cruse, Cristian Curiel, Edgar Gomez, Kim Hansen, and Isaak Huizar.

Berry Cobbler Perfect Summer Dessert

This summer, get a little wild in the kitchen and make something different. This cobbler recipes uses the berries that are so plentiful in the markets now.

Oh-So-Berry Cobbler

Servings: 8

- 2 cups strawberries, sliced
- 2 cups blackberries
- 2 cups blueberries
- 2 Tbsps. lemon juice
- 3 Tbsps. cornstarch
- 2 cups flour
- 1 tsp. baking powder
- 1 tsp. salt
- 1 cup butter, softened
- 1-1/2 cups brown sugar
- 2 tsps. vanilla extract
- Nonstick cooking spray
- Ice cream

- Heat oven to 350 F.
- In large bowl, mix strawberries, blackberries and blueberries. Then add lemon juice and cornstarch; mix to combine. Refrigerate 20 minutes.
- In medium bowl, whisk flour, baking powder and salt. Set aside.



Top the warm cobbler with ice cream for a summer treat.

- In bowl of stand mixer, beat butter, brown sugar and vanilla extract on medium speed until blended. Gradually add flour mixture until crumbles form.
- Spray 9-by-13-inch baking dish with nonstick cooking spray.
- Pour berries into bottom of dish. Top berries with crumbles.
- Bake 30-40 minutes, or until lightly browned.
- Serve with ice cream when cobbler is warm.



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Congratulations to Meals on Wheels West



Santa Monica residents voted Meals on Wheels West of Santa Monica as its Most Loved Non-Profit Organization. Pictured, center, is Meals on Wheels West Executive Director Chris Baca accepting the award from Santa Monica Councilwoman Lana Negrete, left, and Mayor Sue Himmelrich, right. Also pictured is the official commendation certificate from the City of Santa Monica.

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Rotary Club of Santa Monica Honors Public Service Employees



Each year, the Rotary Club of Santa Monica honors Public Service Employees. Story on Page 9. Above, SMPD Chief Ramon Batista and Myesha Morrison. Photos by Felix Crown



Director of the Department of Transportation Ed King and honoree Lydia Mims, Motor Coach Operator.



SMFD Chief Danny Alvarez, far right, and honoree Aurora Paalui, second from left.



Dr. Ben Drati, Superintendent of SMMUSD and honoree Linda Greenberg, Executive Director of Santa Monica Education Foundation.

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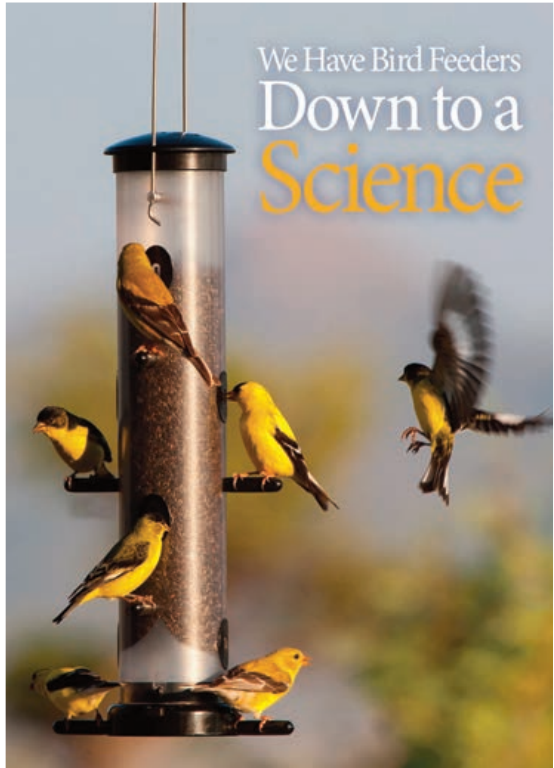
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Discover What's Happening

(Continued from Page 2)

members of the California Water Color Society during its first 50 years (1921-1971). Artists include Marion Wachtel, Phil Dike, Barse Miller, Dorothea Cooke, Millard Sheets, Phil Paradise and many others. Wednesday through Sunday, 11 a.m. to 4 p.m. California Heritage Museum, 2612 Main St. For details, call 310-392-8537.

• **Ongoing through December 23-Broadway to Freeway: Life and Times of a Vibrant Community** - Discover how residents built the Broadway neighborhood into a flourishing community of color – and how the Interstate 10 freeway destroyed it in the 1960s. Featuring period photographs, advertisements, oral histories, and songs, the exhibition draws on the wealth of archival material collected by the Quinn Research Center, which is dedicated to preserving the history



View From The Terrace by water-color artist Brandt will be on display at the California Heritage Museum

of African American life in Santa Monica. Daily, 11 a.m to 5 p.m. Santa Monica History Museum, 1350 7th St. Call 310-395-2290, for more details.

SMC's Drescher Planetarium Continues Free, Live Virtual Shows in August

Santa Monica College's John Drescher Planetarium continues its Friday evening events in August 2022 with free, live virtual shows presented online at smc.edu/planetarium. This month's friendly presentations will explore the early images from the James Webb Space Telescope (JWST).

The Friday evening shows are at 8 p.m. and are preceded by a streamlined virtual digest of the popular Night Sky Show at 7 p.m.,

offering the latest news in astronomy and space exploration.

Planetarium lecturers are currently using the Zoom platform to present shows while the actual on-campus planetarium remains closed due to the COVID-19 pandemic. To attend the shows, the Zoom software must be installed on the viewer's computer. A free download is available at zoom.com.



Thoughts From a Second-Time Father

Relationships of Family Members



By Michael Margolin

Somehow, summer is already halfway over. Alexa is on her way to 4th grade, and Jake will begin first grade when the school year begins.

It seems to me like the difference in their ages is going to become much more apparent over the next several years. They have been excellent playmates their whole lives, and while I do not expect their bond to be any different, their preferences and their privileges will begin to vary more and more.

Since he was an infant, Jake has wanted to do what his older sister does. From music to television shows to games to food. What is Alexa going to eat? What is Alexa going to watch? Is Alexa going? Where is Alexa?

Even as I write this I can hear him say, "Alexa, I just want to be together." The older she gets, the more independence she wants, and the more privacy she wants. All are things that are normal and expected. They are also expected to disappoint her little brother. Not intentionally, but that is the way it is.

Alexa has always been his safety blanket. Generally, Jake is just fine if we are not around, but Alexa is. And, the older he gets, the better he

will feel about being more independent as well.

I am not into giving people advice when it comes to having kids, or how many they should have. Enjoli and I always wanted two. Male or female, we wanted two. Some people want one, and some people want five.

We have spoken to people who have one and if they are contemplating a second, I will then put in my two cents. With our kids being just about three years apart, they are each other's best friends. The amount of time Enjoli and I have to get other things done around the house or spend time with each other because the kids play together has been abundant.

One thing I thought before I had kids, and because I am fortunate enough to have an older sister and a younger brother, is that nobody knows your family the way you and your siblings do. Families can be odd units, and to have somebody that knows yours like only you do is priceless. And, though their preferences and tastes will change, Alexa and Jake will be thankful to have each other to reflect on their childhood and all that comes after it.

Michael Margolin has been writing for us since Alexa was born nine years ago. He is an avid sports fan.

Reliving My Chinese Childhood

(Continued from Page 4)


she passed out from the fumes.

Much has changed since my "frontier" childhood in China. Now I live in a brick house with central air-conditioning and hot water miraculously running inside copper pipes. My well-equipped bathrooms offer me all the modern amenities. Taking a shower or drawing a bath is no longer a luxury, but part of my everyday life.


In some ways, I have been so far removed from my past that my childhood seems to have taken place in another lifetime. Only America's great Western movies still have the enchanting power to take me back to a part of my life that I will forever treasure.

You can always reach me at qstubis@gmail.com.

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Community Service on the Westside

Rotary Club of Santa Monica Honors Local Community Service Workers

Each year, the Rotary Club of Santa Monica recognizes outstanding public employees for their dedicated and valued service to our community. Employees from the Santa Monica Police Department, Santa Monica Fire Department, Santa Monica Malibu Unified School District, and the Big Blue Bus are nominated for the honor by their supervisors.

This year's celebration was held in July. In attendance were Santa Monica Police Chief Ramon Batista and his honoree Myesha Morrison, Public Information Coordinator; Fire Chief Danny Alvarez and his department's honoree, Aurora Paaluhi, Firefighter Paramedic; Dr.

Ben Drati, Superintendent of Santa Monica Malibu Unified School District with honoree Linda Greenberg, Executive Director of Santa Monica Education Foundation; and Director of the Department of Transportation Ed King and honoree, Lydia Mims, motor coach operator.

Our heartfelt thanks to each of you for your dedication and commitment to making our community safe and welcoming. Donna Byrd has coordinated the program with Dr. Joseph Metoyer for the past several years.

To learn more about the club, visit us at rotaryclubofsantamonica.org for more information.

Lions Planning Fall Fundraiser



By Linda Levee
The Santa Monica/Pacific Palisades Lions Club is meeting on a regular basis on the second Wednesday of each month.

We have our Board meeting on Zoom, as it has worked out much better time-wise, and we get a lot more done.

Our first fundraiser is in the planning stages, and we will be announcing it very soon. We want to hear from those in the community who would be interested in joining our group to help those in need, as well as those who wish to join us in these challenging times.

Please contact our membership chair, yorikofisher@gmail.com, or jkfife88@yahoo.com.

We are now in the middle of summer, and many are taking short vacations. We hope everyone stays well and healthy.

Please follow all directives as far as wearing masks if necessary, and/or staying home if you know you have been exposed to COVID-19, whether you have symptoms or not. We appreciate all of you and need people to stay healthy, not only for your own sake, but for your friends and neighbors who may not be as healthy as you are.

Thank you for following us in *The Santa Monica Star*.

Join Us on Fourth Street



By Pat Webber
The Santa Monica Bay Woman's Club (SMBWC) kicked off the July 4th holiday with a brunch at Shoop's Deli. Our presi-

dent, Becky Upchurch, attended with a small group of members and together they watched the parade along Main Street after they ate.

We are proud that we were able to support several charities again this year, focusing on our core mission of support to women, children and education. Due to the decrease in revenue due to the pandemic, we had to hone the list to half of what we did in previous years. Local organizations we donated to are the Santa Monica History Museum, the Santa Monica Symphony Association, Step Up on Second Street, Inc., the Westside Food Bank, School on Wheels, Happy Trails for Kids, Heal the Bay Aquarium, and My Stuff Bags.

The UCLA Next Generation Doc-

tors has been one of the key programs we continue to support. This program is headed by Dr. Dan Dumesic and provides fellowships to UCLA undergraduates who are interested in exploring pathways to pursue M.D. and Ph.D. degrees. The funds provide for workshops and lab research participation as well as individualized mentoring.

Another program we continue to support is Beauty Bus, which delivers loving kindness, support, and compassion to seriously ill patients and their caregivers through beauty services. We also support Fisher House Foundation, which builds comfort homes where military and veteran families can stay free of charge while a loved one is receiving medical care at military and VA medical centers.

Three new charities drew our attention. One is Kidsave, an organization that focuses on helping older, overlooked kids move out of orphanages and foster care and into caring families. SAMOHI

(Continued on Page 10)

An Update From ERBA Markets

More Information on Cannabis

By Stephen Freedman
Manager, ERBA Markets

Q: If I am a non-smoker, what protections do I have from being exposed to cannabis?

A: Current laws do provide non-smokers with a certain level of protection. Smoking in public areas or any place where tobacco smoking is not permitted is forbidden under state law. Cannabis businesses are also restricted from operating near schools and other sensitive use locations. Additionally, if you are a renter, your landlord may prohibit cannabis use on their private property, thus eliminating any exposure in your place of residence.

Q: Are cannabis products required to be tested for potency and quality?

A: Yes. Testing is required for all cannabis products. A testing label is also required to be placed on all packaging to adequately inform the

patient of potency and package date, as well as, depending on the product, a "best by" or expiration date.

Q: If I am a property owner, can I rent space to a cannabis business?

A: If your property lies within an incorporated area of Los Angeles check with that city to see if they allow rental to cannabis business. If your property lies within in unincorporated area of Los Angeles, all cannabis businesses and activities are currently prohibited. This includes cultivation, testing, distribution, manufacturing and sales for both recreational and medical use. Those within unincorporated areas who do rent property to cannabis businesses may be subject to significant civil and criminal penalties.

To learn more about the ERBA Markets, go to the back page.

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Paws and Claws

Tell Me About Lyme Disease



By Dr. Frank Lavac MS, DVM
Q: What can you tell me about Lyme disease and the possibility of my dog getting the disease in Southern California?

A: Lyme disease is a tick-borne disease caused by the bacteria *Borrelia burgdorferi*. It is very unlikely for dogs to acquire the disease in Southern California. The tick bite transmits the disease to dogs.
The incidence of the specific ticks, called Ixodes, is very low in Southern California. That explains

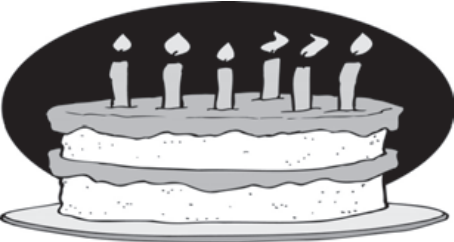
the low incidence of the disease in our area.
Interestingly, while ticks transmit the disease through their bites, the actual reservoirs of the disease include deer, mice, chipmunks, and a few other wild animals.
Most dogs that become infected often develop subtle signs of the disease. These include lethargy, fever, lameness, and swollen joints.
The disease is diagnosed by the clinical signs, tick exposure history and antibody levels. Effective tick prevention and vaccination are important tools to prevent the disease. Treatment involves an antibiotic called Doxycycline.

Dr. Frank Lavac can be reached by calling 310-828-4587.

Adopt a Pet



“Doc,” above, is a six-year-old neutered male. Please contact the StrayCatAlliance.org for more information on adoption.



Happy August Birthdays
Tammy Ito, James Casalor, Susan DeRemer, Suzan Allbritton, Roger Davis, Charley Follette, LaVonne Lawson, Tod Lipka, Myles Pritchard, Freya Rainsford, Jim Rushton, Rebekah Gould, Eddy Guerboian, Robert Segal, Ruth Schick, Jay Smith, Mariko Nakagiri, Eric Dobkin, Tish Tisherman, Pat Potter, Kathryn Boole, and Robert Trimborn.

Planning Ahead

Explaining About Trusts



By Lisa Alexander, Esq.
The biggest reason for having a Trust is to avoid Probate. But, how exactly does that work for my client?

I like to describe a Trust as comparable to a Corporation. The Corporation has Officers; the Trust has a Trustee. The Corporation has Bylaws that provide the rules for how the Corporation will be organized, the rights of shareholders and restrictions on transfer of shares.
The Trust has the Trust Agreement that provides the rules for how the Trust will be administered, the rights of the beneficiaries, the duties and authority of the Trustee, and directions for how assets of the Trust should be distributed.
The key difference is the Corporation is a separate entity with its own taxpayer identification number and separate tax returns. Even if you are the sole shareholder, the assets of the Corporation can't be used by you for your personal needs. By contrast, the Trust, because it is revocable during your lifetime, is not a separate entity, at least not in the eyes of the IRS. A trust uses your Social Security Number without need of a separate taxpayer identification number. The

assets of the Trust are available for your personal use, just as if the assets were still in your own name.
To avoid Probate, once the Trust is signed, you must transfer all your assets into the name of the Trust. The idea is that you will no longer own your assets; the Trust will own all your assets. But, don't worry, unlike the Corporation, you still have total control of all the assets owned by the Trust. You can buy, sell, refinance, open and close accounts, and transfer assets back out of the Trust and into your name again – any time you want. You can change the Trust or get rid of the Trust altogether. Ownership of your assets in the Trust is in name only; all the assets still belong to you, just not in your name.
The goal is for you not to "own" any assets in your name when you die, even though you still have control and free access to all your assets. Because you won't own any assets in your name, you won't have any "estate" to Probate. All your assets will be owned in the name of your Trust and distributed according to your directions in the Trust. That's how the Trust works to avoid Probate.

Contact Lisa Alexander, Esq. at her direct line: 310-656-4310.

Join Us on Fourth Street (Continued from Page 9)

Chorus received some funds from us to support their continued excellence through their local, state, national, and worldwide concerts. Finally, we felt compelled to sup-

port World's Central Kitchen-Ukraine, simply because we needed to.
Call 310-395-1308 for more information about our club.

Dealing With the Aspects of Competition (Continued from Page 3)

to do so. Now that the contest is over, I remember running through Forsyth Park with my brothers and visiting Temple Mickve Israel far more than I remember standing on the stage speaking.
I'll always be someone who wants to win, and I doubt I'll ever be truly happy with second place. However, I have learned that winning isn't even close to the most important thing in my life, or even on this trip. It took five years for me to understand the end of every Disney movie, but the important things in life aren't trophies or medallions.
They're the people I care about. My last medal ever will go amongst the others, in one of "prizes" cardboard boxes in the attic. Maybe I'll be a little emotional as I journey into adulthood, where victories are rarely marked with such tangible tokens. But, I'll go back downstairs to the people who matter, not some dusty trophies in a box.
As I head off to college, I've strug-

gled with what to bring and what to leave behind. However, I know I'll keep writing for *The Santa Monica Star*, even from New Hampshire. Thank you for the memories, the connections, and the experiences. Thank you to everyone who has read my articles, from the best to the worst. Thank you for growing up with me, and thank you for watching my writing grow.
This last speech contest truly closed high school for me, and I'm excited to see what comes next. However, it's incredibly hard to leave so many memories behind, starting with the ten-year-old girl reading *The Santa Monica Star* who saw an advertisement looking for new reporters. That launched an eight year journey that has brought so much color to my life. I'm forever grateful, but I'm excited for the next chapter.
To everyone who reads this – thank you.

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Connect to Nature in August

By Julie Rensink Hanson
Summer is in full-swing, and for many of us, that includes lazy days at the beach or perhaps a long-awaited trip to a favorite vacation spot. For wild birds, August means finishing up with nesting and preparing for fall migration to southern locations.

The Hooded Orioles, who have graced us with their wonderful yellow and orange plumage since March, have completed their breeding season and begin to leave mid-to-late August. The females and juveniles will remain a bit longer and look for food at local feeders to fill up for the journey south. It's a great time to see them if you have a specialty feeder set up with the nectar and the jelly they love.

Also departing soon are the equally charming Black-Headed Grosbeaks. You may see them by offering sunflower seeds, but don't be surprised if they visit your Oriole nectar feeder for a drink, too. Until they go, listen for their cheerful, chirpy song often described as, "a tipsy robin welcoming spring." (allaboutbirds.com).

Hummingbird activity remains strong in August. You may see Costa's Hummingbirds visting your yard and feeders. These desert-loving gems with bright purple heads on the males may flee the hottest desert areas to the cooler coast this time of year. We should see the last of the fledglings this month for our Anna's and Allen's Hummingbirds, but still best to wait until Fall to do any of your yard pruning.

If you're looking for a great local



The Island Fox lives in the Channel Islands National Park.

trip to take in August, consider Channel Islands National Park. All the five islands that make up the park are unique and worth a visit, but just a short boat ride (usually with dolphin-jumping entertainment) from Ventura Harbor. Santa Cruz Island is perfect for a day visit or camping overnight. The Island Scrub Jay lives there and happens to be the only bird species in North America that lives on just a single island. The Island Jay is almost a third larger than its mainland cousin, the California Scrub-Jay and darker blue in color.

While searching for the jay, you will likely run across the island fox, also found nowhere else on earth. And, be sure to keep an eye out for the clever Ravens, known to open backpacks looking for lunch. Feeling more adventurous? Rent a kayak to explore the caves while counting the many shore birds. For information: visit: www.nps.gov/chis.

Call the Wild Bird Unlimited Nature Shop at 424-272-9000, or go online to www.wbu.com/santamonica for more information.

From Me to You...



By Diane Margolin

It is always a pleasure to talk about a business where you will receive great customer service. Montana Mail at 1112 Montana Avenue is set back in the alley between the Avocado mattress store and the Quilted Monkey. Owner Jasmit, also a Notary, is one of the most gracious store owners on the street.

He has just taken over the space next door to give customers more room to use their services, which are many.

They mail parcels for you and sell a variety of Forever Stamps. They will duplicate keys, have a copy machine that can scan, print, and FAX. On display are a variety of appealing gift items that include fine jewelry, stationery, lotions, soaps, and more. There is an assortment of snacks and office supplies including reams of paper and all sizes of padded envelopes for mailing. You can also drop off your

mail to be picked up which is easy since we have a shortage of mail boxes on the street.

Hours at Montana Mail are Monday to Friday, 10 a.m. to 6 p.m., and Saturday, from 10 a.m. to 4 p.m.

Wise & Healthy Aging is offering a workshop, "Collecting to Decluttering," a 15-week workshop to help seniors gain control of their stuff. The workshops take place on Wednesdays, from 1:30 p.m. to 3:30 p.m. from September 7 through December 15. A free orientation will take place on August 31 at 1:30 p.m. Call 310-394-9871, ext. 254 to register.

Enjoy the rest of your summer.

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Passing Through the Pico Neighborhood (Continued from Page 5)

ment the day he left for his new position.

Archie moved his wife and child to Santa Monica to work for Solid-State Radiation, where he established the surface barrier type detectors and lithium drifted. At the time, there were only one or two companies in the U.S. that made these detectors. Archie stayed at this position until he received another offer to go work for Korad to build semiconductor lasers and light emitting diodes (LEDs).

He then took his knowledge of laser technology to Douglas Aircraft in 1966. It became McDonald Douglas in 1968. He worked there until 1973. Soon after, he moved to Hughes Research Labs in Malibu in 1973. During this time, Archie also started a business called Lee Semiconductor Processing Lab in 1974, where he secured government contracts. He ran his busi-

ness the same time he worked at Hughes.

Archie's life story has not been easy. He built a life of firsts, starting back when he was part of the Scarborough 85 in 1955. He continued to forge ahead as he built a life for his family and himself in the field of his dreams, while being one of a handful of African Americans in his field. Archie always spoke up for himself and others and didn't let discrimination, disappointments, or unacceptable circumstances stop him from propelling forward.

Archie currently enjoys retirement with his wife and family and is an avid collector of sports memorabilia, golf clubs, books, and more.

Stacy McClendon is a longtime Pico Neighborhood resident and Santa Monica City staff member.

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